

The Ranchos Independent



PRSRST STD
ECR
U.S. POSTAGE PAID
MADERA, CA.
PERMIT NO. 61

CELEBRATING
14 YEARS
IN THE RANCHOS

Volume 15 Issue 9 2019

The Official Publication of Southeastern Madera County

50¢

A Shooting in Fresno



Closes down Highway 99 at Avenue 12
By Randy Bailey

In This Issue

*Editorial • Page 5 / Aunt Jean's Recipes • Page 8
Classifieds • Page 18 / Fun Pages • Pages 22 & 23*

On Thursday Sept. 19, Highway 99 at Avenue 12 was shut down for approximately an hour as the result of a shooting that occurred in downtown Fresno. Fresno police discovered that two people who had been shot in Fresno, had inexplicably driven north to Madera County and came to rest on Highway 99 near Avenue 12. Their discovery prompted officials to shut down the highway for approximately an hour before it reopened around 8:30 p.m.

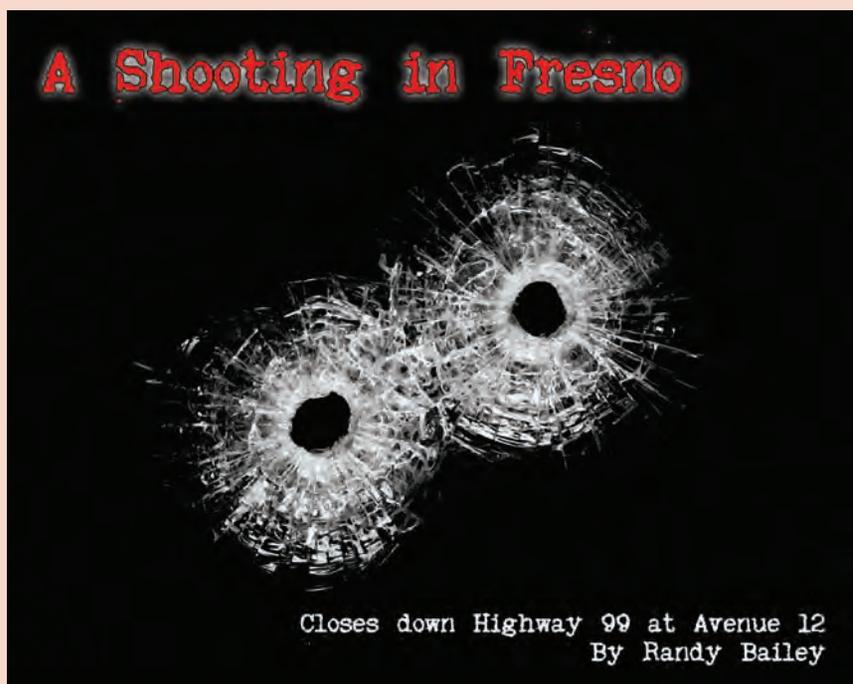
Police said the shooting happened just after 6 p.m. near G Street and San Benito, near the Poverello House, when a vehicle pulled up to the victims' car and someone inside opened fire. When the police arrived, both parties were gone, but they did find shell casings on the ground. Police also received reports of a red and a green vehicle involved in a shooting, but they don't know if it was the same incident.

Approximately 10 minutes later, Fresno Police got a report of a car driving erratically northbound on Highway 99 near Clinton Avenue and the vehicle matched the description of the car that had been shot. The person who reported the car also noted that there was a bullet hole in the car. Approximately 20 minutes later, the car was stopped by the California Highway Patrol on Highway 99 near Avenue 12.

CHP officers found three people in the car, a man and

two women. The man, who was driving the car, and one of the women were both suffering from gunshot wounds. All three of the suspects were described as being in their 20s but as of press time, none have been identified. The two injured occupants were transported to Community Regional Medical Center and are reported in stable condition. Their injuries were reported as non life-threatening.

Police still do not have a cause of the disturbance that led to the shooting, or a reason why the victims fled to Madera County. Additionally, there is no information on the shooting suspect, or suspects, or the vehicle used in the shooting. Police said they haven't determined whether or not the incident was possibly gang related. Police said that the victims in the hospital have not been cooperative with



answering questions.

The 2017 crime rate in Fresno, the most current according to the City-Data.com crime index, is 1.3 times greater than the U.S. average. It was higher than 87.8 percent of other U.S. cities. The number of homicides stood at 56, an increase of 17 compared to 2016. In the last five years Fresno has seen increasing violent crime and decreasing property crime.

Fresno Police asked that anyone with information on this shooting please call 559-621-7000.

Online Scam Hitting Madera

A new scam is finding its way into Madera social media and blogger sites. The Better Business Bureau says companies are contacting people and asking if they are interested in becoming a "brand ambassador" or "influencer." They claim all the job requires is for the person to post pictures or videos of themselves using or wearing the company's products and in exchange they will get a commission, free products or more exposure for their account. Kayla Gilbert with the BBB says these deals sound too good to be true because they are.

"We're just warning consumers to be very cautious if a company does contact you," Gilbert said. "A lot of times they will require upfront money so they may ask you to send money, either through a gift card or wiring money, and you receive a product and it's either damaged or it's not even worth \$50."

In addition to broken or cheap items, victims say they never received the promised commission or exposure.

Troubleshooter Takeaways

- **Do not send money** – If someone asks you to pay to start a job – red flag!
- **Do your research** – Search the company name online and look for reviews or comments.

If you have been the victim of a scam, you can help others by reporting it on the BBB Scam Tracker.

Madera Tough On Single Moms

Single mothers in America face unique challenges, circumstances and responsibilities, and are often more likely to live in poverty. 247WallSt.com compiled a Top 10 list of the toughest cities across America to be a single mom, according to indicators like rent, median income and access to preschool. Of the top 10 toughest cities to be a single mom, Madera was ranked #3.

Rent for a two-bedroom apartment in Madera averages \$1,020 per month. To afford that rental without spending 30 percent of her income on rent, she would need to work 98.6 hours a week, one of the longest workweeks of any U.S. city.

Also, Madera has one of the lowest preschool enrollment rates of any metro area. Just 33.9 percent of 3- and 4-year-olds are enrolled in school, far less than the 47.5 percent national enrollment rate.

Youth Psych Hospital to be Built at Valley Children's

A new children's behavioral health facility is going to be built at Valley Children's Hospital's Madera location, in association with Universal Health Services. The 81,600-square-foot, 128-bed behavioral health hospital will provide accessible, high-quality and advanced behavioral health services in the Central Valley, with one 24-bed unit being dedicated specifically to pediatric psychiatric care, treatment, services and educational needs. Being built specifically to assist Valley Children's Emergency Department, additional units at the new behavioral health hospital are being planned to serve adults and seniors. The new hospital will employ more than 250 people, including clinicians, nurses, mental health technicians, support staff and administrators.

"There is hardly a day that goes by that I don't get a question from a parent, a healthcare provider or a community member in search of behavioral healthcare for their kids," said Todd Suntrpak, president and CEO of Valley Children's Healthcare. "And, in particular, behavioral healthcare that is right here in the Valley." Suntrpak said that the behavioral healthcare needs for Valley chil-



The architect's rendering of the new Children's Behavioral Health Hospital planned to be built at Valley Children's Hospital.

dren and families were significant and that this new facility would provide Valley residents with new resources closer to home.

The new facility will feature a full array of inpatient services, including units designed specifically for children and adolescents ages 5 to 17. Specialty programs for adults with behavioral health and substance use issues will be offered, and the facility will offer outpatient programs including child, adolescent and family counseling, and treatment for depression, anxiety disorders and other common behavioral health issues.

The shortage of facilities is staggering. In Valley Children's 12-county service area, there are 929,436 children between the ages of 6 to 17 and only 49 current beds. That means there is one bed for every 18,968 children or adolescents.

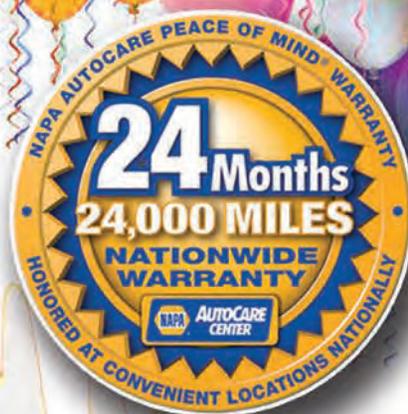
Construction of the new hospital is expected to begin next year, with an estimated opening of 2022. Valley Children's and UHS will immediately begin work on a psychiatry residency program, as well as telepsychology services for children served by the Valley Children's network of care.

Click on "Local News" at

COMPLETE CAR CARE



HOME TOWN FEELING, BIG CITY SERVICE



State of California Licensed
STAR Certified
SMOG CHECK STATION



Now Celebrating 35 YEARS of Service to YOU!

Stay up to date with my "In Good Hands" article on page 16

WE PERFORM MOST REPAIRS FOR MOST VEHICLES • FREE ESTIMATES

FREE DAILY PICKUP AND DELIVERY FROM 93636

275-0157

5787 W. BARSTOW, FRESNO
COMPLETECARCAREFRESNO.COM

Bond Committee Members Needed

Committee Members Needed for the Golden Valley Unified School District Measure S Citizens' Bond Oversight Committee

The Golden Valley Unified School District is now accepting applications for a representative from the following areas to serve on the Citizens' Bond Oversight Committee to oversee Measure S Bond monies:

- One (1) member shall be the parent/guardian of a child enrolled in the District
- One (1) member shall be both a parent or guardian of a child enrolled in the District and active in a parent-teacher organization, such as the P.T.A. or school site council
- One (1) member active in a business organization representing the business community located in the District
- One (1) member active in a senior citizens' organization
- One (1) member active in a bona-fide taxpayers association
- Two (2) members of the community at-large

If interested, please obtain an application from the GVUSD Superintendent's Office at 37479 Avenue 12, Madera 93636 or contact Aimee Beintker at abeintker@gvusd.org or call 559-645-3577.



<u>Drop-Off Location</u> Golden Valley Baptist Church 12414 Road 37	M-F (18-22) 6pm-8pm Sat. (23) 10am-1pm Sun. (24) 12pm-2pm Mon. (25) 9:30am-11:30am
--	---



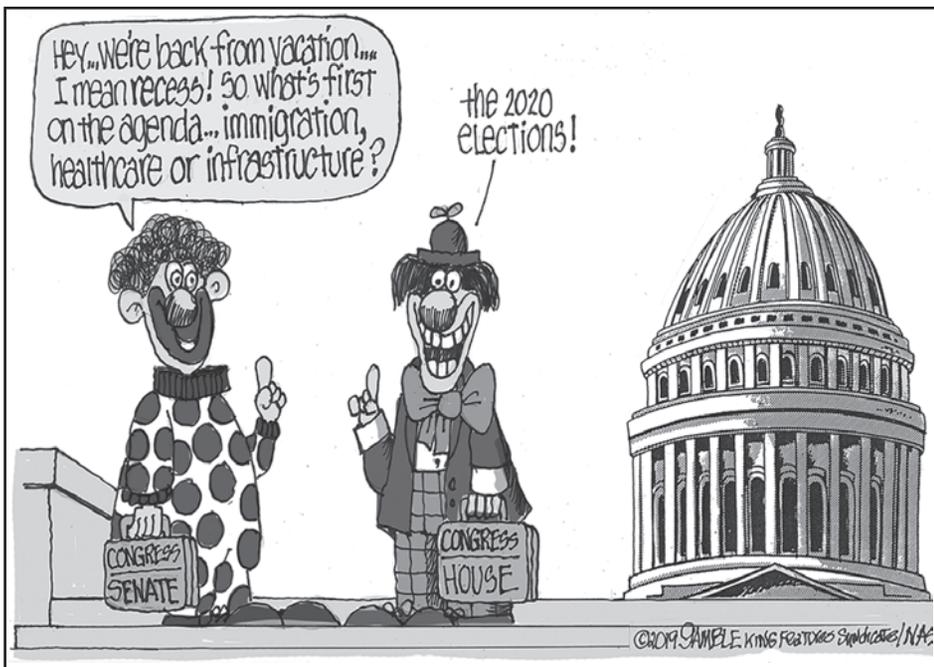
Say you saw it in the *Ranchos Independent*

How do you get free tank rent for the first year, prompt friendly service, a free initial leak test and competitive prices? You call ...

VALLEY PROPANE
559-645-5324
the **ONLY** locally owned propane company in the Madera Ranchos

GO HAWKS!

Join us in supporting our **LIBERTY HIGH HAWKS** this season and all year long
VALLEY PROPANE
"Service you can trust at prices you can afford"
645-5324 • 37221 Ave. 12 #1D
Madera Ranchos • Maywood Center



Guest Editorial

Owning Gun a God-Given Right

By Rich Lowry

The fastest way to trend on Twitter, and not in a good way, is to say that the right to bear arms is a God-given right.

Texas state Rep. Matt Schaefer established this beyond a doubt in a Twitter thread in the aftermath of the West Texas shooting spree. He said that he wouldn't use "the evil acts of a handful of people to diminish the God-given rights of my fellow Texans."

Progressives were aghast, and when actress Alyssa Milano objected, Texas Sen. Ted Cruz jumped in to support Schaefer's argument (in less bombastic terms).

The basic proposition isn't hard to defend, and indeed it is written into our fundamental documents. This doesn't mean that God wants you to own an AR-15, or that every jot and tittle of our current gun regime is divinely mandated. Far from it. Yet there is a natural right to self-defense, and gun ownership is inherently connected to that right in a modern society.

This is glossed over even by Democrats who have a connection to America's culture of gun ownership. Minnesota Sen. Amy Klobuchar said the other week, "I look at [gun legislation] and I always say, 'Does this

hurt Uncle Dick in his deer stand?'" That's not the question, though. The Second Amendment isn't fundamentally about Uncle Dick bagging deer, but about his ability to defend himself and his family.

The notion of God-given rights shouldn't be controversial. It is a bedrock of the American creed, written into the Declaration of Independence. Its preamble says, of course, that all men "are endowed by their Creator with certain unalienable Rights."

The Bill of Rights numbers "the right of the people to keep and bear Arms" among those unalienable rights. Why? Because the founders believed that everyone has an inherent right to self-defense.

As David Harsanyi notes in his history of the gun in America, "First Freedom," John Adams said in his defense of one of the British soldiers charged in the Boston Massacre in 1770 that self-defense was "the primary canon in the law of nature."

Owning a gun is an extension of this law of nature and has been recognized as such for a long time in Anglo-America. The right to bear arms had deep roots in England, and predated the Constitution on these shores.

There was no doubt at the time about the importance of the right to bear arms. Harsanyi writes that "not a single soul in the provisional government or at the Second Continental Congress or any delegate at the Constitutional Convention -- or, for that matter, any new American -- ever argued against the idea of individuals owning a firearm."

None of this is necessarily a trump card in the gun control debate -- the most commonly proposed gun control restrictions wouldn't substantially lessen gun ownership. It does mean, though, that there is a limit to how far gun control can go in America and that proponents of new restrictions should be fully aware that they are tampering with a constitutionally protected individual right.

If Uncle Dick likes to hunt, good for him. But his right to own a firearm doesn't begin or end there.

Rich Lowry is editor of the National Review.

© 2019 by King Features Synd., Inc.

The Ranchos Independent

The Ranchos Independent is published by Five and Two Publishing.
 All contents of this publication are copyright 2019, all rights reserved. Reprinting without the permission of the copyright holder is forbidden by law.
 All articles are submitted as the opinion of the author, who remains solely responsible for the content. The information gathered for this publication is from sources that are considered to be reliable, but are not guaranteed. Opinions expressed in advertisements or articles remain the opinion of the writer.

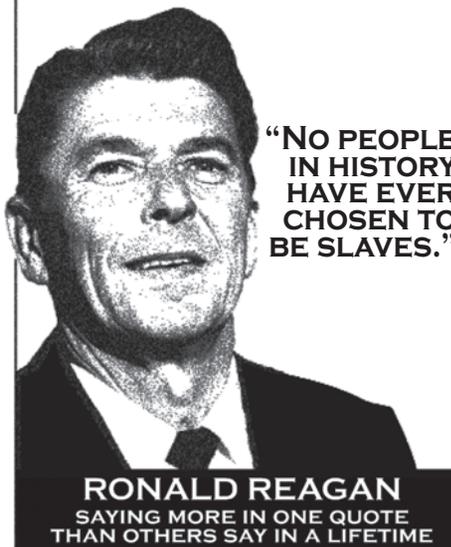
Randy Bailey.....Publisher/Editor

Jean Briner -- Columnist, Advertising Sales

559-645-0634 37167 Ave. 12, Suite 5C • Madera, CA 93636
ranchosnews@yahoo.com

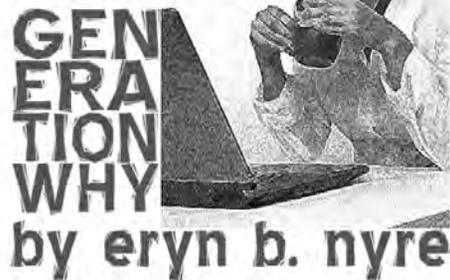
www.TheRanchos.com

THE RAY GUN SHOOTING STRAIGHT TO THE HEART



“Tolerance” Only One Way

When I found out President Trump was coming to the state, I jumped at the chance to go see his speech. A couple of friends and I registered for tickets. We even designed poster board signs like teenagers going to see a boy band for the first time. Yet despite how excited we were, we kept it quiet. We spoke about it in hushed tones. We didn't post our intentions on social media. We didn't even request time off from work to get there early, which is why ultimately we weren't able to attend. We didn't want to invite the questions, the looks, the accusations that come with being Conservative Republicans who support President Trump and as a result we missed what would have been a rare opportunity. Well, I do support him. There. I said it.



such labels attached to you will cover you into submission.

What I find so interesting is that, even in the workplace, people seem to have little to no fear expressing their disdain for the current president and his followers. And why should there be fear? There doesn't appear to be any consequences. Four years ago, you couldn't do that. If you simply disagreed with the pre-

“Today if I were to vocalize my support for the President of the United States, I risk being labeled a racist, a fascist and any other “ist” that could be mustered up to prove I’m the lowest form of human being. Yet, four years ago I would have suffered the same fate for vocalizing a lack of support for the president.”

I support the President of the United States, which is evidently un-American in this current social climate.

Today if I were to vocalize my support for the President of the United States, I risk being labeled a racist, a fascist and any other “ist” that could be mustered up to prove I’m the lowest form of human being. Yet, four years ago I would have suffered the same fate for vocalizing a lack of support for the president. The pattern is not that hard to decipher: If you find yourself siding with a conservative, or disagreeing with a liberal, then you will be called names and accused of racism in the hopes that the potential consequences you might face with having

vious president’s policies and actions, then you risked a slew of accusations that could follow you around the rest of your social and professional life. Yet, now you run the same risks if you offer support to the Trump administration for the

positive strides made to make America great again. There, that ought to make a few snowflakes melt.

To illustrate this point, during a training class I was conducting, a woman was complaining about the traffic backup that occurred near her home due to the president’s visit. Which is no issue in and of itself, but her comment led to another woman saying that she wished she lived close to where the president was stay-

Please see **GEN WHY** on P. 7

BEDROCK ENGINEERING

A solid foundation for your next project
Land Surveying • Civil Engineering • Consulting

For a free consultation, visit our Madera Ranchos office!
36961 Avenue 12
559.645.4849
www.bedrockeng.com

INVEST IN YOUR EXISTING PROPERTY!

- Save money on flood insurance with an elevation certificate
- Verify your property line locations with a boundary survey
- Reconfigure your property lines with a lot line adjustment
- Improve your property with a grading and drainage plan
- Divide your property with a parcel map



Dedicated to serving the land surveying and civil engineering needs of Madera Ranchos and the Central Valley



9/19

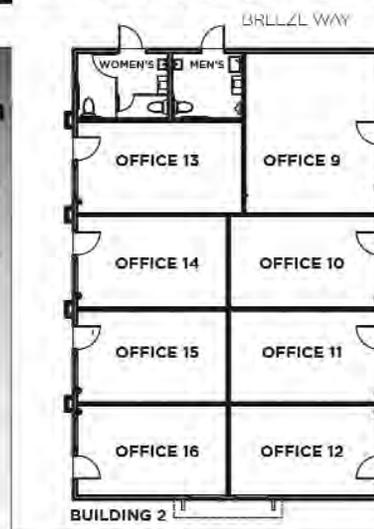
NOW RENTING

Madera Ranchos Professional Office Complex
36914 Avenue 12 • Madera CA 93636



Brand new construction in Madera Ranchos

- 16 unit Professional Office Complex
- Month to Month tenancy
- Units range in size from 243 square-feet to 426 square-feet
- Great exposure on the corner of Avenue 12 & Loren Way
- Close proximity to both Highway 41 & Highway 99
- Common area men's & women's restroom
- Rent starting at \$425 per month
- Rent includes: PG&E, Water, Trash & Site Maintenance



9/19

FOR MORE INFORMATION, CALL: JASON SOBAGE
(559) 647-1104 jason@buildcontinental.com

*Disclaimer: Project information is presented here with the possibility of changes or withdrawal without notice

Say you saw it in the Ranchos Independent

Click on “Local News” at

Create a gift from the heart

You're Invited to a Party!
It's Our 1 Year Anniversary
Saturday, Oct. 12, 10:30 a.m.

Ranchos Crafters' Studio & Gifts
559-824-6336
 37164 Ave. 12 #102 (behind Subway)

Arts & Crafts Studio • Bisque • Wood Stems

Now Is The Time To Shed Those Unwanted Pounds

Look Good and Feel Great

LOSE WEIGHT AND INCHES TOO

WE KNOW LOW CARBS! \$20 OFF 1st visit only

DIET WORLD MEDICAL GROUP
 "We Are Very Affordable" **224-6744**
 OPEN: Monday - Friday 9:00 AM until 5:30 PM

4844 N. First, #101 • Fresno, CA 93726 • Between Shaw & Santa Ana

Sago Key Palm Plantation!
 More than 20,000 Palms & Sagos in stock.
 We also have a wide selection of Shade & Fruit trees.

call Juan and Maria at
559-268-6650
 6700 E. Central Ave. • Fresno • www.sagorey.com

www.chadstrucking.com

CHAD TRUCKING
 CA #441782

ARENA SAND • SAND & GRAVEL • HORSE FOOTING • CRUSHED ROCK • LANDSCAPE MATERIAL • FILL DIRT • TOP SOIL • HUMUS • BARK • CHIPS • RIVER ROCK • BASE ROCK • ROCK DUST • COBBLE STONES • DRIVEWAY BASE • CONSTRUCTION CLEANUP •

LANDSCAPE DIRT & DRIVEWAY
559-645-5363

SAY YOU SAW IT IN
the Ranchos Independent

GEN WHY cont. from P. 6

ing so she could try and run him over – beyond the fact that I would have loved to have seen her try so I could watch the hail of secret service that would have rained down upon her – the fact that she felt comfortable issuing such a threat in public goes to show you that only those who oppose conservative values can enjoy freedom of public speech. No one would have dared say such a thing in public when Obama was still in office, especially not in such an open setting. But herein lies the big issue: There are some who can only stomach free speech so long as you agree with them; there are some who only value diversity in ethnicity, nationality and sexuality, but not in thought, belief or political opinion.

It's amusing to think that the Democrats call themselves the party of acceptance and inclusion and tolerance, but only so far as you agree with their position on immigration, abortion, gun rights, welfare programs and the environment. Stray from the party platform and you will suffer the same abuse and derision usually saved for conservatives. Maybe even worse because now you're a traitor.

The Democrats claim to have the public's welfare at heart and yet they want to "pro-

tect" the public by taking guns away from law abiding citizens in the hopes of keeping them out of the hands of criminals. You know, because it's worked so well with drugs. The left claims to be the party of academics but can't seem to understand the difference between legal and illegal immigration. With all of their degrees and faux intellectualism, they can't rationalize why we don't want to let just anyone sneak across the desert and utilize taxpayer-funded services, drive on taxpayer-maintained roads, and accept taxpayer-funded medical care, all while squatting inside our borders and accepting money under the table so as not to contribute to the taxpayer-funded programs of which they take advantage.

The Democratic Party isn't really looking for intellectual, free-thinking leaders. They want sheep who wander around and mindlessly bleat the party line. The liberal left wing seems to only be seeking applicants who are willing to be completely pliable in all belief systems and bend to the will of the overlords of the party collective. I don't even feel comfortable publicly expressing my desire to see President Trump give a speech for fear of a group of leftists attacking my character, but hey, that's the new definition of inclusion for you.

STOP THE PAIN!
 "We've got your back"

Specializing in AUTO ACCIDENTS

D.O.T. Physicals • Drug Testing
Sports Physicals only \$35!

HANEY CHIROPRACTIC
 & rehabilitation center
36754 AVE. 12 • 660-5262

What a Crock!

Editor's Note: As Aunt Jean continues to recuperate from her fall, she would like to thank all of the kind people who have sent cards and letters wishing her a speedy recovery. This article originally appeared in the October 2016 issue of the Ranchos Independent.



by Jean Briner

Have you been out running errands all afternoon and get home with only half an hour to get something ready for dinner before going to get the kids from their practices and at two different fields? You only have a couple of choices: Open a can of soup and sandwiches or go buy take out. If you had put something in the crockpot before you left this morning, dinner would be ready.

Do you have a crockpot, or what some people call a "slow cooker," and it's in the back of the cabinet? I challenge you to get it out of the cabinet and get it to use.

I have two crockpots: A small 1 1/2 quart and the standard 5 quart. I love both of them but most of the

Do you have a crockpot, or what some people call a "slow cooker," and it's in the back of the cabinet? I challenge you to get it out of the cabinet and get it to use.

time, with just me, I use the smaller one. The only thing with the smaller one is it only cooks on high, but that isn't a problem when I know I won't be away from the house more than three or four hours.

I love corned beef and cabbage. Every March when corned beef goes on sale I buy one and put it in my big crock pot. However, I don't cook the cabbage in the crockpot because I like crispy cabbage not over-cooked from the crockpot. I cook the corned beef in the crockpot for 8 - 10 hours and when it is done, I slice the cabbage and put it in a large frying pan with salt and pepper and some juices from the crockpot. Put a lid on the pan and let the cabbage steam. This doesn't take long and I can control the doneness of the cabbage.

For my last month's article, remembering Brenda, my late niece, her daughter sent me a list of her favorite meals. On that list was Beef Stroganoff but I wasn't able to include a recipe in my article because I just didn't have the space. The other day Randy was telling me how good a Beef Stroganoff recipe was that they cooked in the crockpot. I thought that was perfect - I'll do my article on crockpot recipes, and include one of Brenda's favorites.

Crockpot Beef Stroganoff

1-2 lbs. cube steak, cut into one-inch pieces or 1-2 lbs. stew beef, cut into 1/2 inch pieces.

2 cans condensed golden mushroom soup (no substitutes!)

1 C chopped onion

1 Tb. Worcestershire sauce

1 14 oz. can beef broth

8 oz. button mushrooms, cleaned and quartered (optional)

Salt and pepper to taste

4 ounces cream cheese, room tempera-

ture

1/2 cup sour cream

In the crockpot, combine the meat, soup, onion Worcestershire sauce, beef broth, mushrooms, salt and pepper. Cook on low for 5-6 hours. Stir in the cream cheese and sour cream about half an hour before serving, stirring every 10 minutes or so to break up the cream cheese. Serve over cooked egg noodles or rice. (After the egg noodles have cooked, I like to add them directly into the crockpot for about half an hour for the flavors to mingle and thicken up a bit.) If the sauce is not thick enough for you, add some cornstarch and water. (Randy said it will come out PLENTY thick. Also, he used stew meat instead of cubed steak and

Please see **RECIPE** on P. 9

Rodents destroying your property?

Over 15 years of experience
Licensed by Dept. of Fish and Wildlife
Cal. Dept. of Pesticide Regulation
Nuisance animal trapping

CALL FOR AN INSPECTION TODAY!

ALLIED RODENT CONTROL • 312-5441



9/19



GLASS • PLASTIC • ALUMINUM
GLASS • PLASTIC • ALUMINUM

**37357 AVE. 12
MADERA RANCHOS**

next to **LEE KITCHEN**

**OPEN MONDAY-SATURDAY
10 A.M. - 5 P.M.**

9-19

PETE & MARIA'S

ITALIAN BISTRO

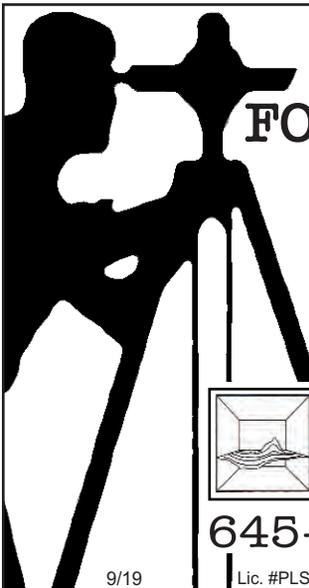
559-645-5545



9/19

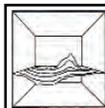
call for the
NEW
catering menu!

We now deliver to
the Ranchos,
Bonnadelle &
Rolling Hills areas.



TIRED OF PAYING FOR FLOOD INSURANCE?

Lenders' requirements vary, but an Elevation Certificate could reduce the cost of flood insurance (or eliminate it completely). You can't afford to wait any longer, so contact the professionals today at



**Michael Sutherland
& Associates, Inc.**

645-4730 • Fresno 447-5815

Lic. #PLS 5815 36691 Avenue 12 • Madera Ranchos

9/19

SAY YOU SAW IT IN the Ranchos Independent

Click on "Local News" at

RECIPES cont. from P. 8

said it was awesome!)

I know you can cook most things faster on the top of the stove or in the oven, but you have to be there to stir it or watch it while it is cooking. Just think of the things you can or should be doing while your food is cooking. The other advantage to crockpot cooking is the clean up after. When I make spaghetti sauce on top of the stove my pretty white stove looks like a tomato exploded on it.

Crockpot Spaghetti Sauce

- 2 lbs. ground beef
- 1 small onion chopped
- 1 clove garlic minced
- 2 cans diced tomatoes
- 2 cans tomato sauce
- Salt and pepper to taste
- 1 tsp. Italian seasoning
- 1 envelope Spaghetti sauce sea-

soning mix

Heat some oil in the bottom of a frying pan. Sauté the onions and garlic until soft, add the beef and cook until browned, making sure to crumble the meat as it cooks. With a slotted spoon, spoon the mixture into the bottom of your crockpot. Stir in the remaining ingredients. Place the lid on the pot and cook on low for 8 hours. Serve over cooked spaghetti pasta. If you have any sauce left over, it can be stored in zip lock bags and frozen until you want spaghetti again.

One thing with a crockpot, you can cook almost everything from soup to nuts in it. Well, maybe not nuts, but desserts for sure.

While doing my research on this article I came across this recipe for Piña Colada Bars. Thought it looked yummy and who doesn't like coconut and pineapple. Well, I know two

girls that don't, and one of them doesn't even eat meat – so go figure!

Piña Colada Bars

- Nonstick cooking spray
 - 2 C sweetened shredded coconut
 - 1 C (2 sticks) unsalted butter, softened
 - 2/3 C granulated sugar
 - 1 tsp. vanilla
 - 1 tsp. salt
 - 1 large egg
 - 2 C. all-purpose flour
 - 3 ounces cream cheese
 - 1 (20 oz.) can crushed pineapple
 - ¼ C. brown sugar
 - 1 Tbs. cornstarch
- Preheat oven to 375.
Line stoneware with foil. Spray with nonstick spray.

Spread coconut evenly on baking sheet, toast in oven 10-15 minutes, stirring every 5 minutes. Remove from oven and allow to cool.

With your mixer on medium high, beat butter, sugar and salt until well combined. Beat in egg and vanilla. On low, beat in flour and half of toasted coconut, scraping side of bowl occasionally. Spread dough evenly in stoneware. Place small chunks of cream cheese over dough.

Drain pineapple and press firmly into strainer to remove all excess liquid, transfer the drained pineapple to a medium bowl. Add brown sugar and cornstarch to pineapple, stir to combine. Spread pineapple mix over dough. Put cover on crockpot and cook on LOW 4 to 5 hours or on HIGH 3 hours, until edges are crisp and golden brown. Remove stoneware from base and cool on a wire rack. Holding edges of foil, lift bars from stoneware. Sprinkle with remaining coconut. Cut into bars – enjoy!




H.O. TIRES

BUY 4 TIRES
RECEIVE FREE ALIGNMENT
\$49 VALUE

Tires
We carry a great range for all vehicles and all applications, new and used

Wheel Alignments
Computerized wheel alignment. 30-day warranty

FREE Tire Maintenance
We offer FREE tire rotations and balance every 7,000 miles

Wheel & Tire Packages
We give your car the right look without compromising safety

Lift & Lowering Kits
Whether you're looking to run bigger tires or get an aggressive look, we have the right product for you

90 DAYS SAME AS CASH

OPEN 7 DAYS
M-SAT 8-7 • SUN 9-5



PON TUS LLANTAS HOY CON TRES MESES PARA PAGAR

MADERA 559.831.2837

CHOWCHILLA 559.201.9133

FRESNO 559.478.5539



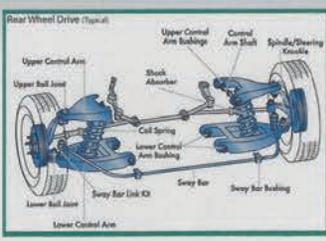
www.hotiresnwheels.com

(559) 831-2937

421 Noble St.
Madera, 93637



www.hotiresnwheels.com
(559) 831-2937



We do suspension and brake service.

Hacemos trabajo de suspension y frenos.



Stopping and Starting

I loved tucking in my kids when they were young. It was a quiet moment at the end of the day to talk, sing and pray together. When they were older, I remember thinking, "When and how did it stop?" It's not like you decide and say, "OK, this is the last week I'll be tucking you in." It just sort of happens.

Becoming disorganized can be like that too. It's not, "OK, this is the week I'm going to stop putting things away." Or, "As of today I'm going to start buying more than I need and save everything." Yet, it happens. Many of my clients begin our first encounter with, "I used to be organized!"

I remember a conversation with a woman who had cleaned out her deceased grandmother's home. There were signs of hoarding as she sorted through layers and layers of stuff. Recalling the process, she said, "When I got to the bottom layer of clutter, I noticed it was from the year my grandmother was forced to retire." That is not insignificant. Transitions, good and bad, are often catalysts to disorganization.

Some people stop being organized when physical challenges arise — surgery, cancer, disease. For others, it's triggered by mental or emotional health issues — brain injury, memory loss, anxiety, grief or depression. However, it's not only negative circumstances that contribute to disorganization. Having kids, starting a new job or moving to a new house can create chaos as well.

Clutter is often triggered by change. If you can't bend or lift like you used to, you might notice more things being left out on the counter-top. If your new job has you working 12-hour days, you may be too exhausted to maintain things at home. If before blending families you were just three, and now you're a family of

eight, that transition is likely going to challenge your organizing skills.

So, we know what stops organization. How do you restart? Begin the process by looking back to a time when you were more organized. Chances are you had at least some of these basic principles in place:

1. There was less stuff. Due to shopping therapy or additional people in the home, there might be way more stuff. Less is still more when it comes to a peaceful and productive environment. Scale back to what you need, use and love. Donate the rest.

2. You had a home for everything. That's a lot easier task when you have less stuff (see principle number one). Make sure you're putting things you use most often in accessible places, especially if you're challenged physically. Store like things together and label shelves, bins, etc.

3. You put things away. This is an easier task when everything has a home (see principle number two). When you're stressed and hurried it's easy to let things slide. The problem is, that two-minute task of putting the dishes in the dishwasher or hanging up your clothes becomes an overwhelming project when left undone for several days or weeks. So, if it takes less than two minutes, do it now.

4. You had routines. At work there's a system for processing paperwork. At home it's often a different story. Even in retirement, more time doesn't always translate into better organization, but routines do. Create routines to support the daily tasks that are necessary for maintaining organization.

Depending on the severity of the circumstances that stopped you from being organized, you need to give yourself grace in the process of getting reorganized. You may need help even to do things of which you were at one time completely capable. Left unchecked, clutter and chaos will grow along with your stress and anxiety.

While becoming disorganized doesn't happen by choice, getting organized is always a choice. You CAN regain peace and productivity.

Contact *Organized by Choice* (because things don't always fall into place) at P.O. Box 26152, Fresno, CA 93729, call 559-871-3314 or email info@organizedbychoice.com. You can also pay a visit online to www.organizedbychoice.com.



PERRY COOPER / STUDIO 318 PHOTOGRAPHY

<p>Save \$5</p> <p><i>When you spend \$50</i></p> <p>Must have coupon present. Not valid with other offers.</p>	<p>Save \$10</p> <p><i>When you spend \$100</i></p> <p>Must have coupon present. Not valid with other offers.</p>
--	--

<p>9/19</p> <p>Hours</p> <p>Tues.-Fri. 9am-4pm Sat. 9am-4pm Sun. 10am-4pm</p> <p> Facebook.com/FernwoodRanchosMadera</p>	<p> Fernwood Gardens</p>	<p>Location</p> <p>12090 Fernwood Dr. Madera Ranchos Ph. 645-7677</p> <p> Instagram.com/FernwoodGardens</p>
---	--	---



America's Choice in Homecare.

VisitingAngels
LIVING ASSISTANCE SERVICES

Local Senior Care

- Bathing/Dressing Assistance
- Walking Assistance
- Medication Reminders
- Meal Preparation
- House Keeping
- Companionship
- Errands

9/19





*Refer a friend and with confirmation get a plate of treats • Free Consultations
WWW.VISITINGANGELS.COM/MADERA • 559-416-7251

Thank you Madera Ranchos!

**5-10% OFF
ALL
Juices & Pipes**

RANCHOS SMOKE SHOP • 37167 AVE. 12 #4D • 559-479-4943 • 9 AM - 7 PM

P.O. BOXES IN THE RANCHOS!

Grand Opening Special!

- PO Box SPECIAL •
- 1 Year/2 months **FREE!**
- 6 Months/1 month **FREE!**

JoAnn's Gone Postal • 37167 Ave. 12 #5B • 559-481-3050



Harvest Festival

October 26th • 11am – 2pm

Golden Valley Baptist Church
Corner of Road 37 & Cloverleaf

**Cookie & Chili Competition,
Games, Food, Pumpkin Decorating
& Bounce House**

Sunday School 9 a.m.
Sunday Worship Service 10:30 a.m.
12414 Road 37 • Madera Ranchos
www.GoldenValleyBaptistChurch.org

Say you saw it in the Ranchos Independent

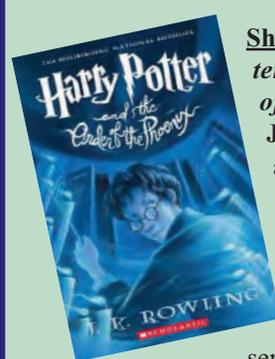
www.TheRanchos.com

The Bookshelf

Ranchos Library Move Draws Closer

By Jerrica Edmundson

Well we are officially inching closer to the highly anticipated move and preparations are well under way here at the Ranchos Branch library. As soon as we have a date for the move, it will assuredly be announced and posts will be made on our Facebook page as more information becomes available. With the preparations for the move, we will be cutting off book donations until further notice from the month of October onward. We will still accept books if they are new releases, but any donations of books in poor condition or massive quantity will be turned away until we are in the new building and settled in properly. I will be announcing officially when we will accept donations again, and I do apologize for any inconvenience this causes our local community members, but book donations are accepted at Goodwill and Salvation Army in the meantime.



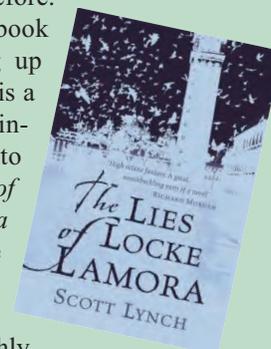
Jerrica's Shelf: *Harry Potter and the Order of the Phoenix* by J.K. Rowling and *The Lies of Locke Lamora* by Scott Lynch

The Harry Potter series holds a warm spot in my heart and always will, so every now and then I decide that it's time for a re-visit to Hogwarts — and I'm well on my way through the series. I can't count the number of times I've gone through this series, and I was at the midnight releases for every book way back when they first come out so they are always a hefty dose of nostalgia for me.

Of course, I wouldn't restrict myself to only reading one book at a time, espe-

cially when that book is one I've read so many times before.

The other book that is taking up my time now is a particularly interesting one to me. *The Lies of Locke Lamora* follows the title character in his exploits as a highly skilled thief and conman who grew up on the streets after being sold to a thief-maker by the docks at the age of seven or so. Locke is so good at what he does, that he manages to pull the wool over the eyes of people of all social status ranks within his city and keeps setting his sights higher and higher, resulting in his getting noticed by a few of the underworld bosses who then begin to fight over whether or not Locke should continue his primary goal of continuing to live. This is a raucous story that oftentimes had me laughing out loud (much to the confusion of those around me), all while trying to figure out just what is going to happen next. If you like a nice heist story set in a world that is similar to a late 1800s Europe, this is definitely one that should come across your "To Be Read" list.



The Madera Ranchos Library

37167 Ave. 12
645-1214

Sunday and Monday Closed

Tuesday 11 a.m. – 6 p.m.

Wednesday and Thursday

11 a.m. – 5 p.m.

Friday and Saturday

11 a.m. – 3 p.m.

www.MaderaCountyLibrary.org

Got Water?

Got a holding tank to fill? What about a swimming pool?
Don't want to waste your precious well water or pay PG&E to pump it?

CALL US!

Bubba's Water Truck Service
call Gina at 559-289-3401 • BubbasWTS@yahoo.com

shop local · buy local · shop local · buy local · shop local · buy local

The Golden Valley Chamber of Commerce

Annual Community Christmas Tree Lighting Ceremony

Maywood Shopping Center • Friday, Dec. 6 • 6 p.m.

The return of the original Community Christmas Tree Lighting is coming to the Maywood Center on Friday, Dec. 6 at 6 p.m. Come join in the celebration that raises badly needed supplies for our Veterans at Veterans Hospital in Fresno while you get to enjoy snacks, beverages, Christmas carols and a visit by Santa Claus himself.

Pick a star for a Veteran at the VA Hospital.
Items needed for Veterans: Instant coffee, white hand towels, white socks, lap blankets, toothpaste, toothbrushes, L and XL white t-shirts, new books. Items need to be returned to the Chamber office by Dec. 13. Gifts will be delivered to the Veterans at the VA Hospital in Fresno on Dec. 16 at 10 a.m. Call the Chamber at 645-4001 for complete details



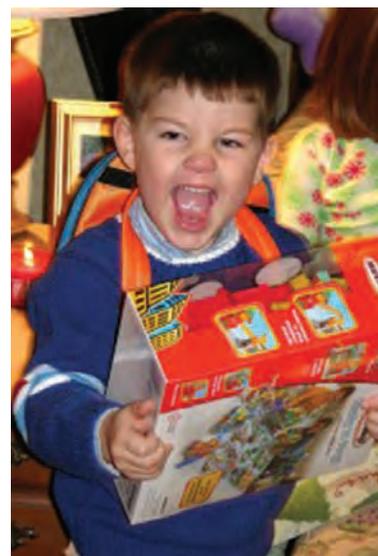
The Golden Valley Chamber of Commerce is sponsoring

“The Big One” Christmas Chamber Mixer
Wednesday, December 11 • 6-7:30 p.m.

Golden Valley Chamber of Commerce
37167 Avenue 12 Suite 5C, Madera Ranchos
Everyone is invited. Great food will be served. Our Merry Christmas to you.

You're Invited! 1 Year Anniversary Party
Ranchos Crafters Studio
Saturday, October 12 • 10:30 a.m.
37164 Ave.12 #102 (behind Subway)

Come to the next meeting on Wednesday, Oct. 8 at 37167 Ave. 12 at 6:30 p.m. Call 645-4001 for more info.



Help a Foster Child this Christmas

through the Golden Valley Chamber of Commerce and CASA

Bring a little sparkle of joy to a foster child this Christmas by stopping by the Chamber office and selecting an ornament with a child's name, age and gift request. The requests range from everything from a Barbie doll or soccer ball, to simple hair ribbons. Unwrapped items must be turned in to the Chamber office by December 13.

Call 645-4001 for more information.



shop local · buy local · shop local · buy local

Our customers know us for:

Equipment Solutions....

Guaranteed



Compact Utility Tractors

- 24.1-66 hp[†] engines
- 4 unique tractor families to meet your needs
- Tons of features and attachments available
- Cab or open-station models available

We're dedicated to ensuring our customers get the right solutions and equipment at the right price. Stop by today, and see why our customers always enjoy their experience.

LOW MONTHLY PAYMENTS AVAILABLE¹

AND

INDUSTRY-LEADING 6-YEAR POWERTRAIN WARRANTY

ON ALL COMPACT UTILITY TRACTORS *

MidlandTractor.com

MADERA - 1901 West Cleveland Ave • 1-800-948-7228 (across from the Madera County Fairgrounds)

¹Subject to approved installment credit with John Deere Financial. Some restrictions apply; other special rates and terms may be available, so see your dealer for details and other financing options. Valid only at participating U.S. dealers. *Beginning 1/1/2016 all Compact Utility Tractors purchased new from an authorized John Deere Dealer come standard with a 6-year/2000 hour (whichever comes first) Powertrain Warranty. See the Limited Warranty for New John Deere Turf & Utility Equipment at dealer for details. [†]Manufacturer's estimate of power (ISO) per 97/68/EC.



Senior Report

Senior Craft Fair Drawing Near

By Margaret Tynan

Mark your calendar. The 2nd Annual Holiday Craft Fair is only a few weeks away. You won't want to miss this event. Artists and crafters from the local area and around the Valley will be at the Ranchos/Hills Seniors Center at 37330 Berkshire Dr. in the Madera Ranchos to exhibit and sell their works on Saturday, Oct. 19 from 9 a.m. to 3 p.m. This is a great place to meet the artists and crafters to learn about their work and find that perfect handcrafted gift or item to enhance your home décor. Choose from



The Annual Ranchos/Hills Senior Center Craft Fair is coming just in time for Christmas on Saturday, Oct. 19 from 9 a.m. to 3 p.m.

a wide selection of lovely things including, handcrafted soaps, candles, various woodwork art and garden pieces, photo and art cards, one-of-a-kind needlework creations, jewelry, holiday ornaments and so much more. The Center's garden shop will also be open with lovely plant selections to add beauty to your yard. Come early and enjoy coffee and a pastry. Stay for a hamburger or hot dog for lunch. Parking for the event will be in the vacant lot on Avenue 12, just west of Lee Kitchen. Look for the parking signs and the persons who will direct you. Bring your friends and family. We look forward to seeing you there. If you have questions, contact the Center at 559-645-4864.

Thank you to everyone who helped make the Ranchos/Hills Seniors Ice Cream Social a real success. Thirty plus members and their guests beat the August heat as they enjoyed ice cream sundaes while being entertained by members of the Center's Writing Group. Helen Lowell welcomed everyone and began the performances reading her short work on a life changing event for her and her family. The crowd chuckled as Shirly Tickel told of her mother-in-law's transition in her later years from the typical grandma to a Go-Go Boot, miniskirt-wearing cool woman of the 70's. Everyone could relate to Rosemary Janis' short piece describing her surprise experience gardening at her new home in the Ranchos. "The discovery came instantly with the first whack of the pick. Hardpan!" Mary Orcutt took us with her on her adventures to Italy and Israel as a crew member on the real cruise

ship of TV fame, the Love Boat. The importance of relationships was the topic of Jo Chase's work as she described the interactions of her friendly neighbor of years ago. Margaret Tynan gave a humorous account of her ignorance about the game of football and how it served to forge a valuable friendship. In closing,

Margaret shared that the Ranchos/Hills Seniors Writing Group is working on a Book Publication Project. The goal is to feature creative writing and artistic works of ALL members of the Center. She pointed out that everyone has stories to tell. Writing

Group member Robin Hicks added that current and future family members will treasure those stories. Anyone interested was encouraged to join the writing group that meets every Monday from 2 to 3:30 p.m. at the Center.

"The goblins will get you if you don't watch out," (from the poem *Little Orphan Annie*, by James Whitcomb Riley). There will be plenty of goblins, witches and ghouls at the Center's annual Halloween Potluck Party to be held Thursday, Oct. 31 at 6 p.m. Josie Turner will be back to lead her team in planning and decorating for this fun event. Though costumes are optional, there will be contest prizes for those that choose to dress up. Bring a dish to share, your table service and your sense of humor. The event is always enjoyable. Be sure to stop by the Center to sign up.

With flu season just around the corner, it's important to prepare so you can enjoy a healthy winter. The Madera County Health Department will be giving flu shots at the Center on Oct. 29 between 10 and 11 a.m. This service is open to the community, so be sure to take advantage of the opportunity.

The monthly Bake and Boutique, Garden and Treasure House Sale will be held on Saturday, Oct. 5 from 8 a.m. to noon. Don't forget to come to the Center for the regular General Members Meeting on Tuesday, Oct. 22 beginning at 12:30 p.m.

Thought for October: "You can't use up creativity. The more you use, the more you have." -- Maya Angelou

9/19

TriEase Softgels were developed to protect against seasonal and environmental elements and to promote a healthy respiratory system when needed most.

Contact me today for a FREE sample or if you'd like to attend a FREE class on essential oils and products.
Tina Shannon -- Wellness Advocate
call 645-4948 or 430-7131
Visit my online store at mydoterra.com/tinashannon

98° F and oppressive. 72° F and impressive.

No matter how hot it is outside, you can count on a reliable, energy-efficient YORK® air conditioner to keep you cool and comfortable inside. And you can also count on it being protected by one of the strongest warranties in the industry. It's just another way we install confidence. Call or stop by to learn more.

YORK
INSTALL CONFIDENCE

Quality Installation
Done right by a York® Certified Comfort Expert™

Ask us about our Affordable Easy Financing Through GE Capital.

Huckabee's
HEATING & AIR CONDITIONING

Locally owned and operated
37082 Avenue 12, Madera, CA 93636
559-662-0336 | www.huckabeeshvac.com

9/19

Say you saw it in the Ranchos Independent

WE'RE ON THE WEB!

Visit the Ranchos Independent's own Website and get fully downloadable back issues of the Ranchos Independent (beginning with April 2006)

www.TheRanchos.com

9/19

LICENSE #932435
FREE ESTIMATES
TIM DE MERA
 Owner/CEO
 Madera Ranchos Resident
ALL STAGE CONSTRUCTION
 AND DEVELOPMENT INC.
 Room Additions & General Contracting • Commercial & Residential
 Discount Steel Buildings: Sales & Erecting
 Concrete Foundations & Flatwork
TIMDEMERA@AOL.COM (559) 681-8947
WWW.ALLSTAGECONSTRUCTION.COM

9/19

NORTHwest PEDIATRIC
 Medical Group
 Marina Alper, MD | Vivian Hernandez, MD | John Lattin, MD | John Kim, MD | Laurie Dahlberg, CPNP

Quality Pediatric Care Since 1995

NOW ACCEPTING NEW PATIENTS

Pharmacy, laboratory and urgent care ON SITE

Close to the Friant exit off of Freeway 41

7355 N. Palm Ave. #100
 Fresno, CA 93711



(559) 271-6302

northwestpediatricmedicalgroup.com

9/19

www.TheRanchos.com

Kiwanis Korner

Can You "Bear" to Win \$1,000?

By Becky Koop

"Kiwanis International is a global organization of volunteers dedicated to changing the world one child, one community at a time."

Could you use an extra \$1,000 right before the holidays? You might be interested in the Madera Ranchos Kiwanis' current fundraiser. We are selling teddy bears with an attached raffle ticket for \$25. We will choose the winning raffle ticket number on Saturday, Oct. 26 at our Fall Fundraiser held at the Riverstone Lodge, from 5:30 to 10pm. Would you like the \$1,000 but don't really need another stuffed bear? We've got that figured out too. Valley Children's Hospital would LOVE to receive the bears if you would like to donate them instead. We only have 100 bears so don't miss your chance to win and also help children in our community.

The Fall Fundraiser at Riverstone is turning into a wonderful event. Tickets are \$35 and include dinner, dessert, music, a no host bar, silent auction, wine pull and other fun activities. One fun silent auction item that will be available is a ticket for four to attend a

taping of the Wheel of Fortune game show, as well as an autographed photo of Pat Sajak and Vanna White. Would you rather play a game yourself that night? We are playing bunko for only an additional \$10 buy-in, with great cash prizes. Tickets are available at the Golden Valley Chamber of Commerce and at Pizza Factory. If you are interested in donating or volunteering at the event, please contact Becky Koop at 559-479-1487.

The Kiwanis had some great guest speakers this month. Quaid Copher, a Liberty High School Junior, shared his project of replacing water fountains with refrigerated water bottle fill up stations. He announced that the first one was to be installed in the gym on Sept. 7 and his current goal is to replace two more. Quaid pro-

vided us with a lot of information on the units. An inside unit costs \$1,500 and an outdoor unit is \$2,000. His goal is to reduce the purchase of individual plastic water bottles which will both save the students money and help the environment.

Sheriff Jay Varney, now serving his second term in office, came and spoke at our meeting updating us on the County's purchase of Hurst Hardware. Their goal is to turn it into a permanent sheriff's substation which will temporarily be manned by civilians, but deputies will report to work there. Another possibility he discussed was networking with local CHP and Probation



Liberty High Junior Quaid Copher explained his water-saving idea for Liberty High water fountains.

District Attorney Investigators at the building. There were several members of the Madera County Sheriff's Foundation in attendance, as well. Amy Varney, Vice Chairman of the Foundation, shared with us that their objectives are to promote civic spirit in support of law enforcement and to enhance the ability of the Madera

County Sheriff's Office to work even more safely and effectively. They are able to do this through scholarships for many of our local Sheriff Explorers and by providing needed equipment when requested, and by providing the K-9 Team support as necessary. They have several levels of membership available and also adorable stuffed K-9 dogs available for a \$20 purchase. If you would like more information, go to info@maderacs.org or call 559-694-1369.

Remember, you are always welcome to join us at one of our meetings. Come down any Thursday (except the first one of the month) to the Pizza Factory Banquet Room on Avenue 12, at 6:15 p.m. You will enjoy the camaraderie and fun, and also be a part of making a difference in our community.

www.RanchosKiwanis.com



Taking it Personally

Hello 93636,

In 1976, then-California Governor Jerry Brown signed the Educational Employment Relations Act of 1976, giving collective bargaining rights to schools and community college employees. That legislation was the beginning of the end for California public school vocational education programs in my opinion. With collective bargaining agreements, wages and benefits rapidly increased. School districts were forced to cut back on programs like vocational education in order to balance their budgets. By the mid-1990s, many of California's traditional vocational education programs were eliminated due to lack of funding. Because of the loss of those vocational education programs, California's automotive repair industry has suffered from a substantial technician shortage. Sixty-six per cent of the current automotive technician workforce is 45 years or older. Less than three percent are ages 18-24. Because of the severe shortage of qualified automotive repair technicians, some local automotive repair facilities have turned to technology for help. Employee training and new school technology has helped us improve efficiency and production. Last year after seven years of investment, I lost a key employee. It took nine months and three new hires to replace the skill set of one skilled technician. The strategy I employed to cope with the technician shortage clearly was inadequate.

Taking it Personally

As president of the Fresno Select Group, I decided to make the local technician shortage one of our issues. The Fresno Select Group is an organization of NAPA AutoCare Center owners cooperatively working together to build our businesses and positively impact our industry and community.

You may recognize us from our "Wheels of Hope" giveaways. We give two vehicles away each year to a need-ing and deserving family. Our first opportunity came last year with the Fresno County Superintendent of Schools Career Tech EXPO at Chukchansi Park. Fresno Unified School District alone is the third largest school district in the State

of California. When Clovis, Central, Reedley, Selma, Kingsburg and other school districts within the county are included, the Career Fair presented a tremendous opportunity for us to display our technology and speak with hundreds of high school students about opportunities within our local automotive repair job market.

We took several vehicles and connected our substantial new school technology to demonstrate what we do. Although we didn't know it at the time, the four shops who participated in that event would become the nucleus of what was about to come.

Instead of being competitors, we began sharing and supporting each other with difficult vehicle diagnostics. Since we were all using the same Pico digital storage oscilloscope technologies, we began sharing waveforms, knowledge and information. On Feb. 2 of this year, we formed the Central California Pico Club (CCPC). The CCPC is a grassroots effort of local independent auto repair facilities, purposed to train and teach us and "Career Technology Education" (CTE) instructors in the use of Picoscope automotive technology.

At our monthly meetings we share information, teach case studies, teach each other the new Picoscope technology learned

the previous month and we practice. Within the city limits of Fresno there are only two public high schools with a CTE automotive program, Duncan Polytechnical and Central. It was very fortuitous to us that Golden Valley Unified's former superintendent, Andrew Alvarado, was the new superintendent of the Central Unified School District so we started there. When we contacted Superintendent Alvarado, he was happy to have CCPC as advisors to his CTE automotive program.

A Pleasant Surprise

When we visited the Central High School facility, we were pleased to find Picoscope Technology. The instructor however had not received training with the technology and he was very receptive to learning. We invited Robert to participate with us during our monthly CCPC meetings and his progress has been phenomenal. Within four months he wrote a basic Picoscope curriculum and began teaching it to his students. Soon Duncan Polytechnical and Clovis High School also joined CCPC. All three instructors learn and train free of charge, side by side with our technicians. Last night I received in part this email from the Fresno City College CTE Department. I would like to share it with you.

"Hi Warren, ... I recently became aware of the Central California Pico Club. I would like to

schedule a meeting with you and attend your events as an Educational Representative from Fresno City College. We would also like to partner with CCPC as an Educational Partner and host a CCPC Meeting at our FCC Automotive Technology Campus. We would like our students to attend your CCPC meetings for the purpose of establishing a relationship and providing our students with the newest Diagnostic Strategies and Diagnostic Tools and Equipment available.

Martin S. Kamimoto, Instructor/Coordinator, Automotive Technology, Fresno City College"

WOW! CAN YOU BELIEVE IT? The CCPC will now have local high school instructors, junior college instructors, students and our working technicians in the same building at the same time sharing the same technology and training. I'm very hopeful we will collaborate and design a curriculum that will facilitate entry level high school students up to Associate of Science degrees from Fresno City College. If our local small business/educator partnership model is successful, I expect to see an improvement with our local automotive technician shortage in about three years.

God Bless America and God Bless 93636. Warren Parr, ASE Master, L1 Advanced Level and Hybrid Certified

How's your fence?





chain link
wood
wrought iron

FREE Estimates • 7 Days a Week

chain link • wood fence • wrought iron
privacy plus • gate operators
security windows • security doors • barbed wire

Advanced Fence
for all your fencing needs

559-260-2116
Lic. #867283 & Bonded

9/19



CBD Oil Can Interfere With Other Medications

DEAR DR. ROACH: I am a 49-year-old woman who had a massive heart attack in April. My father died of a massive heart attack at 49. I have four stents in three arteries and am on Brilinta, low-dose aspirin,

blood pressure medication, etc.

I have essential tremor, first noticing the tremors in middle school. The tremor is in my hands, making writing nearly impossible, and I have head bobs. I have an internal tremor that never stops. A previous practitioner prescribed a month's trial of beta blockers several years ago. I noticed no relief with the tremor but was physically ill for the first 30 minutes of the morning in the first two weeks. Recently, I found an online blog regarding essential tremor and CBD oil. Nearly all of the bloggers found some level of relief using this treatment.

If I choose to try CBD oil to assist with my tremor, is there a risk of it interfering with my heart and blood pressure medications? -- M.M.

ANSWER: Cannabidiol, or CBD, is a nonpsychoactive substance found in Cannabis, as opposed to tetrahydrocannabinol, or THC, the best-known psychoactive component.

CBD is typically sold as an oil and has been receiving press as a potential treatment for a wide variety of medical issues. Many or most of these claims have no data to support them. Anecdotal reports, such as most blogs, are neither reliable nor scientific (and may or may not be true). There also is an issue with proving the dosage and purity of products said to contain CBD.

However, in the case of essential tremor, there is some evidence: Studies in mice have shown benefit with CBD, although a single case report showed effectiveness of THC but not CBD in essential tremor. The issue of drug interactions is a significant one. CBD inhibits two powerful pathways the body uses to detoxify drugs, the CYP3A4 and CYP2D6 systems. This is a serious issue for you. Ticagrelor (Brilinta), an anticoagulant, is metabolized by CYP3A4, as are some of the statin drugs usually prescribed to people with heart

blockages. The effect of the anticoagulant could be much higher than expected, leading to bleeding risk. Other commonly used heart medications are metabolized by CYP2D6, and the effect on these medications is unpredictable.

I can't recommend CBD products given the medications you are taking, but would suggest you consider alternative treatments. You may have read about deep brain stimulation and ultrasound, two powerful and effective treatments for people whose symptoms have not responded to standard treatments.

DEAR DR. ROACH: This question is for my husband. How safe is drinking tea while on warfarin? He has his INR checked monthly, and for the most part it stays between 2 and 3. He watches his vitamin K intake regularly. He has read conflicting stories of how tea interacts with warfarin by making the INR levels high. -- S.J.

ANSWER: Tea comes in two major types: black tea, which is fermented, and green tea, which is not. Black tea has no known interactions with warfarin (Coumadin). Green tea contains small amounts of vitamin K, which could make the INR lower and the warfarin less effective. However, the effect is likely to be small. Further, if he drinks a consistent amount per day, his dose can be adjusted to reflect his vitamin K intake.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

© 2019 North America Synd., Inc.
All Rights Reserved

SEMUCU speaks

By Sarjbit Johal

Are you a grant writer? Or would you like to become a grant writer? If so, Southeast Madera County United (SEMUCU) would like to use your services or support your training as a grant writer.

We are a nonprofit neighborhood organization with a mission of improving the quality of life for residents of this part of Madera County, basically the 93636 postal area code. Southeast Madera County needs parks, a community center, more fire and police services, as well as improved ac-

cess to and quality of water.

A good start has been made to improve the quality of life here. SEMUCU has applied for and obtained state grants to provide our residents with low-flow shower hardware, tap aerators, grants for well monitors, and rebates for residents who have bought new energy efficient washing machines and dishwashers. There is still some money left for washing machine and dishwasher rebates.

We need experienced grant writers to identify and develop grant proposals for Southeast Madera County. Or if you would like to train as a grant writer, SEMUCU will fully reimburse you for successfully completing a Certificate Award in Beginning Grant Writing and Management offered by Fresno State's Office of Continuing and Global Education. For this there

are two weekend workshops: Friday and Saturday Oct. 4 and 5 and then on Friday and Saturday Oct. 18 and 19. The location is Fresno State's Downtown Center, 700 Van Ness at Mono. The cost is \$350, which includes writing materials. More information is available at fresnostate.edu/cge/degrees/certs/grantwriting.html

Pre-registration is recommended by Oct. 1, 2019.

We welcome you to attend our meetings on the third Monday of every month at 6 p.m. at the Ranchos Pizza Factory at 37184 Avenue 12. Attend, participate, volunteer. If there are other local needs that should be addressed, please let us know. We look forward to seeing you.

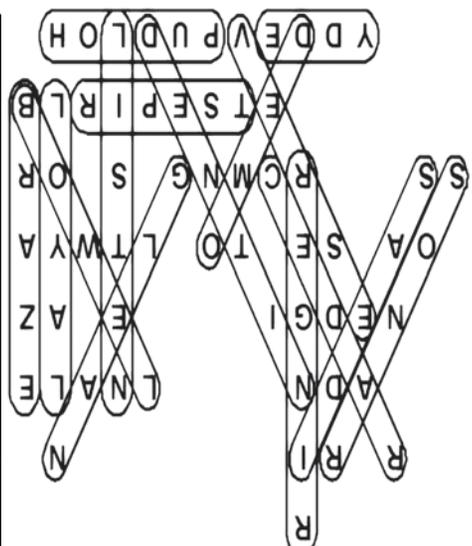
SEMUCU • www.semcu.org
559-363-9095

ANSWERS

4	8	3	9	2	5	1	6	7
9	5	1	6	4	7	8	2	3
7	6	2	8	3	1	4	5	9
8	1	4	5	7	2	9	3	6
3	9	5	4	6	8	7	1	2
6	2	7	1	9	3	5	8	4
2	3	8	7	5	4	6	9	1
1	7	9	2	8	6	3	4	5
5	4	6	3	1	9	2	7	8

RES	ADJ	OMIT	ABE	TABS
OLE	STRA	PARA	BLES	ATEE
MIC	KEY	OM	SE	JEE
ASTI	ERL	ART	AKINS	
LET	SK	EE	PIT	HAT
ICH	TOV	NT	SB	ALTO
MOU	NTA	IN	CH	ANGE
ABR	OAD	TE	E	AL
PART	SEW	SHER	MAN	JOKES
CLARE	NOG	ITD	LOO	
THE	TUR	NO	F	THE
ANA	FLO	NO	U	NIL
AFO	LS	GER	UND	UM
LADY	WEB	BE	E	IN
FRES	CO	BE	RT	AND
TORI	PUT	T	ERN	SS
COM	E	I	N	F
ADORN	F	A	A	R
SE	R	B	F	I
ELSE	B	E	T	H
SLED	I	R	S	S
PEG	A	Y	S	T
OR				

2				9			12
5	+	7	÷	6			2
9	x	4	÷	6			6
1	+	8	÷	3			3



Classified

Carpet Cleaning

Pinnacle Carpet Care and Upholstery - "Dries in hours, not days." BBB A+ rating. Golden Valley Chamber member. **Call Bruce today for a free estimate. 559-676-0760.**

Child Care

Child Care - Susan Ryan Day Care. Newborn to 5 years old. Licensed. **Call 661-4725 or 706-0424.**

Chimney Sweep

Paul the Chimney Sweep Guy- 29 years of experience. Wood stove inserts, pellet stoves and fireplaces. Also clean dryer vents. **REMEMBER: THINK SAFETY, BURN SAFELY! Call 559-908-9332.**

Construction

New construction, remodels, room additions, barns and patios. Lic. #719500. **Call 559-970-4476.**

Firewood

Firewood for sale - Seasoned Almond firewood. Round or split. **Call 259-7122 or 645-5523.**

For Sale

1978 Starfire Cabin Cruiser - 22-foot w/trailer, GREAT CONDITION - 351 Ford, 9.8 HP Honda trolling motor, 2 new batteries, new tires, all work done by Cronin Marine in Madera Ranchos, current license and a cover. **\$9,500. Call Tammy at 304-2019.**

Recyclables Pick Up

KEEP IT LOCAL - FREE RECYCLABLE PICKUP - KIDS 4 RECYCLING offers pickup of all recyclable materials including paper, plastic, glass, aluminum and cardboard. **Call Diana at 999-6832. Funds support Ranchos community organizations and schools.**

Tractor/Trenching Services

BOBCAT WORK - DRILLING POST HOLES - Trees - Trenching - Clean Up. **TRACTOR WORK** Discing - Rototilling - Mowing - Scraping - Stump Grinding. **Call John at 908-1066.**

Tractor Work - House Pads, lot leveling, driveways, trenching, concrete work

and underground utilities installed. Lic. #719500. **Call 559-970-4476.**

Window Cleaning Services

Most windows \$5 inside/out - Screen, track, sills included. Remove hard water stain on home windows, shower doors and car windows. Cobweb removal too. Fully insured. **Call Nick at 285-1723. Free estimates.**

Ask about our SENIOR DISCOUNT!

Work Wanted

Available now to work in the Ranchos. Experienced IT professional, experience in accounting and photography. **Call John at 559-706-5215 - NEW NUMBER.**

TO ADVERTISE IN THE RANCHOS INDEPENDENT CALL 645-0634

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		÷		3
+		÷		×	
	×		÷		6
÷		+		-	
	+		÷		2
2		9		12	

1 3 4 5 6 6 7 8 9

©2019 King Features Syndicates, Inc.

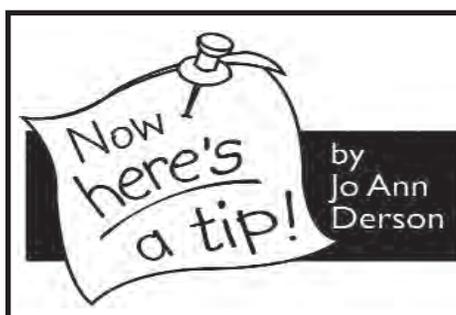
SUDOKU

by Linda Thistle

		6			9			8
1			2					4
	3			5		6		
6			1			5		
	9				8			2
		4		7				3
7				3				9
		1	6					2
	8				5	1		

©2019 King Features Syndicates, Inc.

The Ranchos Independent classified rates are crazy cheap TO ADVERTISE CALL 645-0634



- Turn off notifications during homework time. This means you, too, Mom and Dad. Whistles, buzzes and bells distract more than just the person whose phone is sounding the alert.
- Did you know that when iron and copper in metal kitchen knives come in contact with certain fruits and vegetables, it causes them to brown more quickly? It's better to

- use a glass, plastic or ceramic-coated knife to cut produce items, especially lettuce, apples and avocados, which are prone to browning.
- To remove the scent of garlic from your hands, sprinkle salt on a cut lemon and rub it on your hands. Then, wash as normal with soap and water.
- Now, here's a great solution, from G.H.

in Florida: "After I pressure wash my patio and driveway, I mix up a gallon of vinegar with a cup of salt and a few drops of dish soap. Use on cracks to deter weeds from growing. It's safe and works quite well."

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

© 2018 King Features Synd., Inc.

Click on "Local News" at

Real Estate



Nancy Watson

The Ranchos Specialist, Working for "You"

645-5000

nwatson21@comcast.net



If you are considering buying or selling a home, call Nancy Watson. She is an experienced agent who has served the Ranchos with honesty and integrity since 1989. Nancy moved to the Ranchos in 1977 and is dedicated to serving her clients with the highest level of care and commitment. Please call Nancy Watson for all of your Real Estate needs.

9/19



"Real estate is my life! I make your real estate dreams a reality."



MARIA FOTOPoulos
REALTOR

559-250-6740 • mfotorealtor@gmail.com

Integrity, Dedication, Results

www.homesmartpva.com/mfoto • DRE #01454566

"Put my experience, knowledge, service and professionalism to work for you."

9/19

Work with the Realtor® who lives and sells in the Ranchos

Learn more about your local agent who provides value and expertise to her clients.
www.itsthecozylife.com

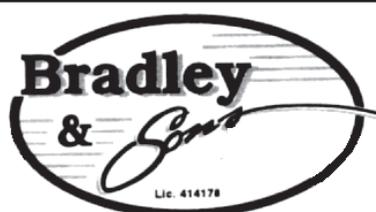


Samantha Phebus
559 • 970 • 6555

RE/MAX GOLD

REALTOR • DRE #01823578 • itsthecozylife@gmail.com

9/19



DRILLING AND PUMP SERVICE

Same Day Service

674-1663
23338 Ave. 14
Madera

Family Owned
Since 1976

9/19



By Betty Van Valkenburg

To Average, Every-Day Americans:

Do you know that you are helpless, deplorable human beings? That you don't have the intelligence or wherewithal to care for yourselves and your families or to make life's decisions? That you are, at best, mere dependents to be tolerated and mollified by all-knowing, all-powerful, ever-present elected government rulers? That only *they* are smart enough to run your lives?

This sounds harsh, and it is. But it unfortunately describes the mindset of the Leftists, Democrats, Marxists, Socialists, Liberals and/or Progressives running for president, and others who want to rule over us. What *else* can explain *their* call for complete government takeover of our rights and personal responsibilities? What *else* explains *their* call to give up our hard-won freedoms for empty promises?

To them, we are incapable of caring for our own children, so they propose guaranteed government childcare. To them, our children cannot possibly survive parental incompetence from birth to the start of government preschool, so

"pre-kindergarten childcare" must be provided starting at birth – or as Bernie Tweets, from "ages 0-4."

To them, free government education from birth through high school is still not enough to indoctrinate us hard-headed losers, so *they* must provide free college as well, at predominantly government-run schools.

To them, we are so incompetent that they must completely take over health care and end private insurance and private choices. God forbid that we know-nothings make choices regarding our own life-and-death medical care.

To them, we are too ignorant to understand and sign binding legal documents, so they must forgive student debts that many promised – in writing – to repay. Can they also forgive our mortgages and tax burdens?

To them, even with all the free government education, we are incapable of preparing ourselves for jobs or starting businesses. So, the exalted rulers will guarantee jobs for everyone – jobs of *their* choosing, of course, and at what they consider a guaranteed "living wage." And if that isn't enough, they will give every American a Universal Basic Income of \$1,000 a month. Why not a million, while we're at it?

To them, average citizens are not to be trusted with firearms, while elites can be protected by gun-toting bodyguards who are, interestingly, average citizens like us.

To them, we who decry the hoax of so-

called climate change as a draconian power grab, based on facts, are branded "climate deniers," which could be a badge of honor. Meanwhile they push their Green New Deal to transform every facet of society as we know it – from food, energy, housing and transportation to the poor cud-chewing cow.

They hope that we, you and I, won't notice when their supposedly well-meaning meddling comes at the cost of individual choice and dignity and that their freebies *always* come with government controls.

So just who are these control freaks with such low opinions of we, the people? Were they born kings and queens? Did God create them to be our keepers rather than creating each of us in His image with self-determination and personal responsibilities? No. They are elected officials who started out just like us, the hapless Americans whom they now so deplore. Apparently, election to office transforms one from mere ordinary citizen to dictator; from ignorance to infallible genius

But controlling the lives of some 320 million American dependents is a (yawn) tiresome job – too mundane for the exalted leaders in Washington and Sacramento to actually manage day after day. Their job is to make the rules by which the masses must live and keep us content or ignorant enough to re-elect them. The tedious bureaucratic jobs must be handed off to thousands or millions of lesser Americans whom the exalted

politicians hire to do their bidding.

It doesn't matter that the bureaucrats are not elected super-intelligentsia but mere bumbling mortals like us and that mind-boggling, bank-breaking, pie-in-the-sky schemes are doomed to failure. Results don't matter, only platitudes and promises designed to show how much the candidates and elected class really *care*. When they promise utopia often enough – with outstretched arms, catches in their throats and light streaming from above – it seems that it just *must* come to pass.

But it never does.

Grandiose schemes fail, politicians move on without consequences and the rest of us are left poorer and less free.

Educate the Electorate

Too many Americans believe the seductive promise of a government-provided carefree existence. They either accept or don't know the devastating consequences and moral bankruptcy of an all-powerful nanny state, whether it's labeled Socialist, Fascist, Democrat, Democratic Socialist, Communist or garden-variety authoritarianism. Heaven help us if we don't get out and teach the electorate the difference between the right to self-determination guaranteed by the Constitution, and servitude promised by politicians. They certainly aren't learning it in government schools.

Visit the *Central Valley Tea Party* website at www.teapartypatriots.org for more information.

Business Directory • Business Directory • Business Directory • Business Directory

CHANNEY'S

 Lic. #899496
Bobcat Service
 • DRILLING • TRENCHING • DIRT WORK •
 • efficient • reliable • cost-effective call Beau
559-301-1613

CLARK'S

 559-645-1578
**General & Custom
 Auto Service
 & Repairs**
PERFORMANCE

**Unlimited
 Concrete**
 Lic. #1042108

 DRIVEWAYS • SIDEWALKS • COMMERCIAL • RESIDENTIAL
 call **Jose Lopez**
559-779-0401

**THE COMFORT
 AND RELAXATION
 YOU DESERVE**
BRIAN'S

HEATING & COOLING
675-1681

**NEW & USED
 CARS & TRUCKS
 All Makes & Models**
**J.H. Sanders
 Sales & Leasing**
822-4500
 41453 Ave. 14 1/2
 Madera Ranchos
 www.jhsanders.com

local • professional • all types

Cory's Welding
559-514-5840

CENTRAL VALLEY

HUMBLE TREE CARE
 ESTABLISHED IN 2005
 Tree pruning, shaping & trimming
 Tree Cabling • Tree removal
559-347-8408 • www.cvhc.com
 Fully Insured • 8+ Years Experience • Trained Arborist

Get Involved!

645-4001
 2nd Wed. of the month • 6:30 p.m.
 37167 Ave. 12 #5C, Madera Ranchos

**HIGH QUALITY
 GATE SYSTEMS**

559-454-8060

**TOUCH-OF-GREEN
 LANDSCAPE**
 CA LIC. #934774
 commercial, residential
 and industrial landscaping
 call **559-242-6352**
 info@TouchOfGreenLandscape.us

Create a gift
 from the heart

 Arts & Crafts Studio • Blaque • Wood Items
Ranchos Crafters' Studio & Gifts
559-824-6336
 37164 Ave. 12 #102 (behind Subway)

INAPA **B&M**
Auto & Truck Parts
 Store hours:
 Mon - Fri 8:30-5:30
 Sat 8:00-4:00
 Sun 10:00-3:00
Madera Ranchos Plaza
37405 Ave. 12, Ste. 801
645-1570

**PERSONAL
 TOUCH**
 Lic. # B0008113
Landscaping & Gardening Services
 Yard cleanups & hauling • Weed control
 Lawn & garden service • Maintenance
 Weekly & monthly service
 (not a licensed contractor)
 call **Mag Anaya Jr.**
559-974-1357
 Rancho Resident

**BUBBA'S
 WATER TRUCK SERVICE**

 We Fill
 Holding Tanks
 Swimming Pools
 Potable Water
 Dust Control
 Covering Mountain Areas & the Central Valley
 Call Gina at 559-289-3401
 email BubbasWTS@yahoo.com

**MARION POOL
 SERVICE & REPAIR**
 • Weekly Service
 • Equipment
 • Supplies
 • Residential
 • Drains - Upstarts • Commercial
 • Locally Owned
251-2514 351-1605 645-4799
 office cell after 5 p.m.

Huckabee's
 HEATING & AIR CONDITIONING
 LIC. #837274
559-662-0336
559-438-8260
 Sales and Service - Free Estimates
 Duct Testing & Certification
 Locally owned
 and operated!

Aleman's Painting
 SINCE 1980

 Interior & Exterior
 Specializing in
 Repaints
 Rental, Residential
 & Commercial
 Drywall, Stucco,
 Redashing & Ac-
 coustical Removal
 BONDDED &
 INSURED
 LIC. #589140
 Color Matching
559-974-2268

"We've got your back"
 D.O.T. Physicals • Drug Testing
 Sports Physicals only \$35!

**HANEY
 CHIROPRACTIC**
 & rehabilitation center
660-5262
 36754 AVE. 12 • Madera Ranchos

WHAT CAN YOU GET FOR \$25?
 How about 12,000
 Ranchos residents each month who
 look at Business Directory ads?
The Ranchos Independent
(559) 645-0634

ELITE
Carpet Cleaning
(559) 970-1552
 EliteCarpetCleaning559@gmail.com

**Mike's Country Clippers
 Barber Shop**
HAIRCUTS
\$12
559-439-2004
 37184 AVE. 12 #104
 (behind Pizza Factory)

How's your fence?
Advanced Fence
 for all your fencing needs
559-260-2116
 Lic. #867283 & Bonded

for MORE sales tomorrow, call
JEAN BRINER
Today!
(559) 645-0634
 The Ranchos Independent

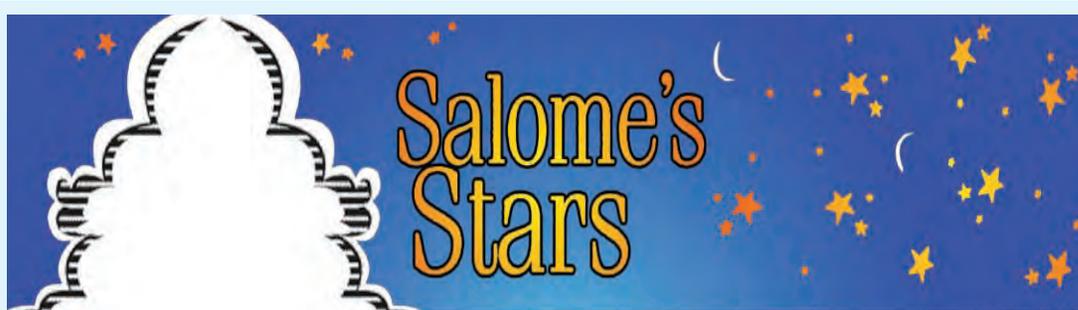
Just Like Cats & Dogs by Dave T. Phipps



ADS
LOGOS
PR
MARKETING
645-0634



“Your dinner is on the stove ...
at McDonald’s!”



ARIES (March 21 to April 19) Travel plans could be interrupted by the re-emergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

TAURUS (April 20 to May 20) Aspects favor cultural activities for sensuous Bovines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

GEMINI (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

CANCER (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

LEO (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later.

VIRGO (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

LIBRA (September 23 to October 22) You might be tempted to employ the same tactics as your adversary, but that could backfire. Better to use the same balanced approach that has worked for you before and could again.

SCORPIO (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

SAGITTARIUS (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

CAPRICORN (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

AQUARIUS (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

PISCES (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches to your new project and get it well and truly launched.

Born this Week

You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.

FUN PAGES

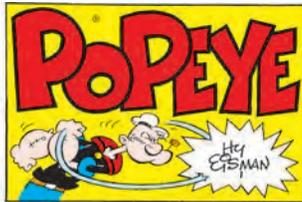
Kids' Maze



©2019 King Features Syndicate, Inc.

TIGER

by BUD BLAKE



THEY'LL DO IT EVERY TIME

BY AL SCADUTO



THE "YOLK'S" ON YOU if you miss this one. Hidden in the above frame is a famous old saying. You can find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter.

TOPSY-TURVY! To win you must circle six digits that will add up to 21. You have 60 seconds.

"FEAST" YOUR EYES ON THIS PUZZLE! In this puzzle all of the words get progressively longer, and they all end in ATE. The following hints should help:

Wishing Well

4	6	3	4	5	6	3	6	2	6	2	6	8
L	T	W	O	A	H	I	E	O	A	T	T	C
4	7	5	8	3	5	4	7	5	2	5	8	4
O	S	N	O	S	E	K	W	V	H	E	L	A
6	7	5	2	7	3	6	5	3	6	7	5	3
R	E	N	E	H	I	T	S	C	T	F	O	
5	8	3	7	2	4	3	2	8	3	2	3	8
U	L	M	V	R	H	E	S	E	O	H	N	G
5	7	4	8	3	5	4	2	4	6	7	2	6
L	I	E	E	D	A	E	D	A	C	L	L	
8	6	2	6	5	6	7	6	7	3	6	3	5
B	S	P	U	A	C	T	C	O	W	E	E	Y
7	2	6	8	3	2	7	3	6	8	2	8	8
R	Y	S	O	L	O	Y	L	S	U	N	D	

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

© 2019 King Features Synd., Inc.

MAGIC MAZE ● MOVE LAST TWO LETTERS TO THE FRONT TO MAKE A NEW WORD

A V R O L I F C Z W T Q N K I
 F C Z W U R P M J H E C Z X U
 S Q N L J G E C Z X V T R P N
 L J H E C R A Y W V T R P N L
 K I R G R I E C B Z X W U N S
 R P O A D N N M L J L N A L E
 I G N E D G I E D B A E Y A Z
 X O A W S E H T O U L T W Y A
 S S T S Q R C M N G P S O O R
 N L K J H G E T S E P I R L B
 F D C Y D D E V P U D L O H B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Bowl	Dentin	Ideas	Ripest
Braze	Eddy	Listen	Sonar
Cedar	Glean	Loyal	Verse
Demo	Holdup	Ringer	

© 2019 King Features Synd., Inc.

Junior Whirl

by Charles Barry Townsend



A MOUNTAIN RESORT POOL PARTY

At left is a crossword puzzle grid. Below are words pertaining to an end-of-summer party that you will need to complete the puzzle. Use the trial-and-error method. Try to finish before the last bus leaves!

4-letter words: CAKE, CHEF, ECHO, SALT
5-letter words: CARDS, CHES, DECKS, DOWSE, FENCE, FLOAT, LAZES, TOWEL, WADER, WATER

TRIVIA TEST

By Fifi Rodriguez

- ANATOMY: What is a common name for the condition known as "caries"?
- LANGUAGE: What does the Latin phrase "ad astra" mean?
- GAMES: How long is a bowling alley lane?
- GEOGRAPHY: Where is the Gulf of Tonkin?
- MOVIES: Which Disney animated movie featured the song "Bibbidi-Bobbidi-Boo"?
- LITERATURE: Which 20th-century author often featured the fictitious Yoknapatawpha County in his stories?
- FAMOUS QUOTATIONS: Which 19th-century playwright and poet once wrote of September, "And all at once, summer collapsed into fall"?
- U.S. STATES: Which is the only U.S. state to border four of the five Great Lakes?
- COMICS: Which 1980s comic strip featured the characters of Milo, Steve and Opus?
- FOOD & DRINK: What process gets rid of bacteria in milk?

- ### Answers
- Tooth decay
 - To the stars
 - 60 feet
 - Off the coast of Vietnam and China
 - "Cinderella"
 - William Faulkner
 - Oscar Wilde
 - Michigan
 - "Bloom County"
 - Pasteurization

© 2019 King Features Synd., Inc.

Click on "Local News" at

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



Out on a Limb

by Gary Kopervas



The Spats

by Jeff Pickering



Intelligent Life

by David Reddick



HOCUS-FOCUS

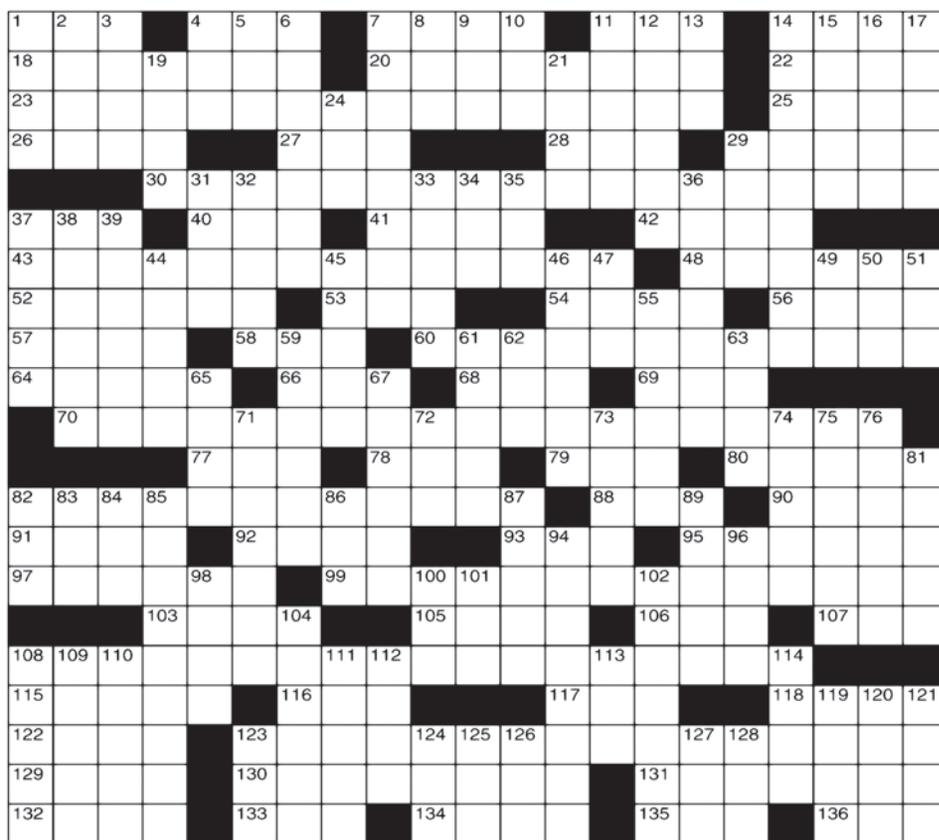
BY HENRY BOLTIHOFF

©2019 King Features Syndicate, Inc.



Find at least six differences in details between panels. Differences: 1. Eight ball is black. 2. Boy's shirt stripe is black. 3. Boy's cue stick is shorter. 4. Balls #2 and #7 have moved. 5. Window is missing. 6. Boy standing has moved.

Super Crossword



- ACROSS**
- 1 Dwelling place: Abbr.
 - 4 Modifying wd.
 - 7 Fail to mention
 - 11 Prez Lincoln
 - 14 Bar checks
 - 18 Artificial fat
 - 20 Relatives of allegories
 - 22 To — (precisely)
 - 23 Mocking remarks from Pluto's master?
 - 25 Burnett of CNN
 - 26 — Spumante (wine)
 - 27 Schubert's "The — King"
 - 28 Manet's forte
 - 29 Actor Claude
 - 30 "No, we're not going to give the employee a raise"?
 - 37 I, to Franz
 - 40 "Mazel —!"
 - 41 Fed. crash-probing org.
 - 42 Countertenor
 - 43 Very small toll to drive on a road through the Alps?
 - 48 Present from birth
 - 52 To a foreign country
 - 53 Fair-hiring inits.
 - 54 "Der —" (Konrad Adenauer)
 - 56 Ruin totally
 - 57 Fragment
 - 58 Use stitching
 - 60 Quips about a Civil War general?
 - 64 — Boothe Luce
 - 66 Yuletide quaff
 - 68 "— be great if ..."
 - 69 Leeds law
 - 70 Miser's reformation into a generous person?
 - 77 Santa —
 - 78 Polly's "Alice" role
 - 79 — -TURN (street sign)
 - 80 Wafer brand
 - 82 Verbal noun the nitwit uses a lot?
 - 88 Actress Thurman
 - 90 Be inclined
 - 91 British noble
 - 92 "Why Can't — Friends?"
 - 93 Deutsch article
 - 95 Develop
 - 97 Painting on plaster
 - 99 Concert tour during which a Muppet opens for the "Open Arms" band?
 - 103 Singer Amos
 - 105 Tap-in, e.g.
 - 106 Suffix with north or west
 - 107 Opposite NNW
 - 108 "Stop grazing and return to your barn"?
 - 115 Bedeck
 - 116 Air safety org.
 - 117 Stimp'y's pal
 - 118 Close
 - 122 Certain Slav
 - 123 Very inexpensive part of a ship's hull?
 - 129 Different
 - 130 Maryland suburb of D.C.
 - 131 Motorist's guide
 - 132 Inuit's ride
 - 133 1040 org.
 - 134 With 11-Down, "Don't drop your guard!"
 - 135 Tent stake
 - 136 Gold, to Spaniards
- DOWN**
- 1 City in Italia
 - 2 Yalies
 - 3 Religious faction
 - 4 Enjoyed food
 - 5 Sahara-like
 - 6 1567-1625 king of Scotland
 - 7 Great riches
 - 8 Some parents
 - 9 Infuriation
 - 10 — Mahal
 - 11 See 134-Across
 - 12 Big — (WWI gun)
 - 13 Kin of -trix
 - 14 Korean martial art
 - 15 Upper heart chambers
 - 16 Living thing
 - 17 Taste, e.g.
 - 19 Power tool brand
 - 21 Trounce
 - 24 Mork's home planet
 - 29 Env. notation
 - 31 R&B singer — James
 - 32 Frogs' kin
 - 33 Group values
 - 34 Ad Council ad, for short
 - 35 "Son of," in Arab names
 - 36 Property transferor
 - 37 Windows ad catchphrase
 - 38 Steel-gray metallic element
 - 39 "Woo-hoo!"
 - 44 — Dame
 - 45 — the scene (having recently arrived)
 - 46 Flower plot
 - 47 Shade tree
 - 49 Totally fine
 - 50 Ascot, e.g.
 - 51 USNA grad.
 - 55 Perfumed powder
 - 59 Make furious
 - 61 Find by chance
 - 62 Archaic verb ending
 - 63 "Benny & —" (Johnny Depp film)
 - 65 & others
 - 67 Become liberated
 - 71 Not given under 112-Down
 - 72 Winter woe
 - 73 Logical
 - 74 OPEC ship
 - 75 Gathers bit by bit
 - 76 Tickles a lot
 - 81 Without batting —
 - 82 Furry TV alien
 - 83 Opposite of 118-Across
 - 84 Lofty verse
 - 85 Place to find pearls
 - 86 Peter out
 - 87 Sudden —
 - 89 Squirrel's bit
 - 94 Put between
 - 96 Ladder step
 - 98 Quarter, e.g.
 - 100 Tach reading
 - 101 "For shame!"
 - 102 Dada artist
 - 104 Less certain
 - 108 Valises, e.g.
 - 109 Novelist Scott
 - 110 Eponymous code creator
 - 111 Balsa boats
 - 112 Witness' promise
 - 113 Cousin, for one: Abbr.
 - 114 Sooner city
 - 119 Sailors' saint
 - 120 Lab medium
 - 121 Debtor's woe
 - 123 DOJ agency
 - 124 "Certainly!"
 - 125 May hrs.
 - 126 Harem room
 - 127 — v. Wade
 - 128 Duffel or tote

SEM CU

south east madera county united

SEM CU is taking applications for **FREE Dry Wells (Injection Wells)**
Apply at the Golden Valley Chamber of Commerce at 37167 Ave. 12 #5C

HELP YOUR COMMUNITY

**Reach water sustainability
and help the community with needs
such as parks, a community center,
safety, traffic and schools.**

SEM CU Regular Meeting

**Monday, October 21 at 6 p.m. • Ranchos Pizza Factory
(meeting only once a month for about an hour)**

**FREE from state GRANT money
Up to \$700* REIMBURSEMENT for
WASHING MACHINES and DISHWASHERS**

***(reimbursement will be processed and distributed on a quarterly basis)**

FOR MORE INFORMATION:

559-363-9095 • www.semcu.org • info@semcu.org