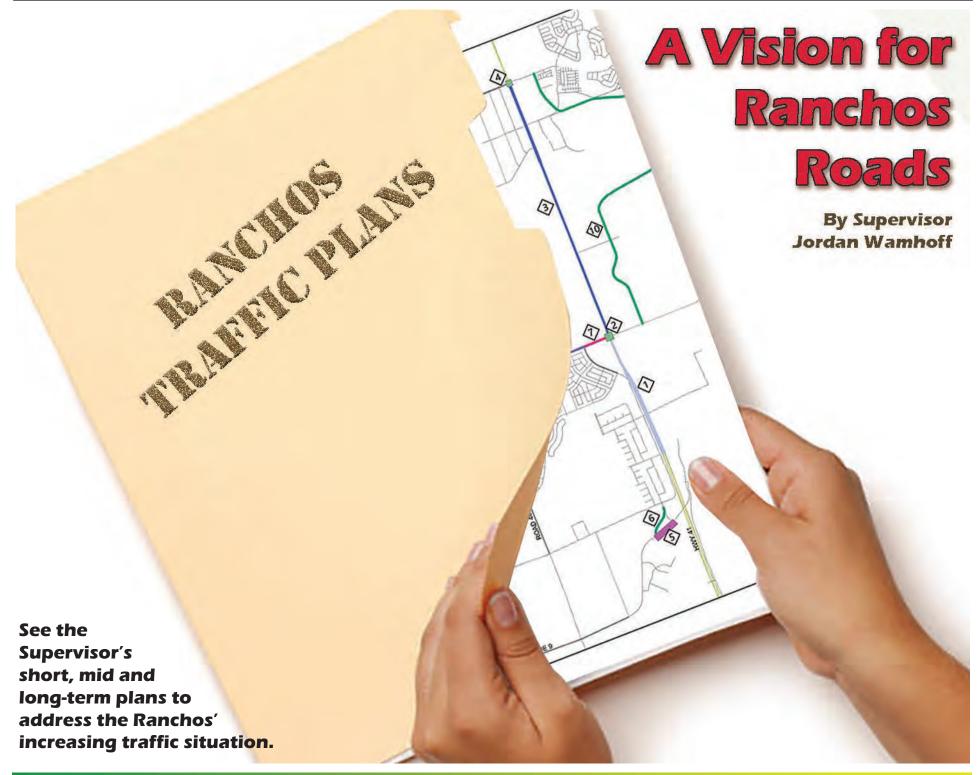
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50¢



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ecently, my office has seen an increase in inquiries regarding traffic, safety, road improvements and ongoing road projects in our beloved Ranchos community. I believe it's crucial to provide our community members with detailed information and clear timelines to address these concerns. I would like to extend my heartfelt gratitude to The Ranchos Independent for collaborating with me to communicate the significant efforts Madera County is making to enhance our local road infrastructure.

Madera County has undertaken a range of projects aimed at improving our roads — making them safer, more efficient and better equipped to meet the needs of our growing community. I understand that road projects can sometimes be complex and confusing. Therefore, my office is here to help you navigate through any questions or concerns you may have. Please don't hesitate to reach out to me at 559-662-6010 and we will gladly provide you with the information and assistance you need.

I encourage all our Ranchos residents to stay informed and involved in the ongoing road improvements in our community. Together, we can ensure that our roads remain safe and efficient

for everyone, and we can continue to foster a thriving and vibrant community. Thank you for your continued support, and I look forward to a brighter and safer future for the Ranchos.

Projects and Timelines Near Term (1-5 years)

State Route 41

- 1. Construct a 4-lane expressway from Avenue 10 $\frac{1}{2}$ to Avenue 12
- 2. Construct full intersection improvements at Avenue 12 a. 2-through lanes at all legs of the intersection (North, East, South, West)
 - b. 2-left turn lanes at all legs of the intersection (North, East, South, West)
 - c. 2-right turn lanes at all legs of the intersec tion (North, East, South, West)
- 3. Construct a 4-lane conventional highway from Avenue 12 through Avenue 15
- 4. Construct full intersection improvement at Avenue 15 a. 2-through lanes at all legs of the intersection
 - (North, East, South, West) b. 2-left turn lanes at all legs of the intersection (North, East, South, West)
 - c. 2-right turn lanes at all legs of the intersection (North, East, South, West)

Children's Boulevard

- 1. Relocate the intersection of Lanes Bridge and Children's Boulevard approximately 1,600 feet further west from the current intersection
 - a. Construct 2-lane road from new intersection back to Lanes Bridge Drive

Avenue 12

- 1. Construct an 8-lane segment from its intersection with state Route 41 to Riverwalk Boulevard S
- 2. Construct a 6-lane segment from its intersection with Riverwalk Boulevard S to Riverstone Boulevard SE

Please see **ROADS** on P. 3

Ranchos "Miss Clovis Teen" Ends Her One-Year Reign

By Adam Smith

From her first appearance at last year's Golden Valley Chamber of Commerce Christmas Tree Lighting, to her recent triumph at the Miss California 2023 competition, Heavenly Carillo's year of service has come full circle, leaving an indelible mark on our community.

Through her "Be a Buddy, Not a Bully" service initiative, in which she left inspiring anti-bullying messages at local libraries and coffee shops, Heavenly committed to advocating for those who have faced the challenges of bullying. Her elegance, grace and inner beauty captivated the Miss California judges this past June, earning her the Preliminary Evening Gown award and a \$300 cash award.

Heavenly's involvement with the Miss California Organization is part of the Miss America Organization whose objective is to "advance the creation, promotion and support of educational, achievement and com-



The Ranchos' own Heavenly Carillo, seated, signs copies of her story in the Ranchos Independent at last year's Christmas Tree Lighting.

munity service opportunities for young California women." The organizations award millions in cash and in-kind scholarships annually.

Heavenly's journey doesn't end with her crown. She aspires to become a nurse and has set her sights on attending Penn State University to pursue her dreams. As Heavenly prepares to pass on her crown, the community can celebrate Heavenly's extraordinary journey and the positive impact she has had on our community by attending her farewell ceremony on Nov. 4 at the Paul Shaghoian Concert Hall at 2770 E. International Ave. in Fresno, near Clovis Community College, at 5 p.m.

All Madera Ranchos residents and well-wishers are invited and also asked to consider making a scholarship donation in Heavenly Carrillo's name to assist her in her journey toward higher education. To make a scholarship donation in Heavenly Carrillo's name, please visit www.Miss-Clovis.org.

Mona Diaz New Kiwanis Lt. Gov

By Sally Rowden

On Friday, Sept. 29, a long-time Kiwanis Club of Madera Ranchos member, Mona Diaz, was installed as the lieutenant governor of Kiwanis Division 5. A part of the California-Nevada-Hawaii, or Cal-Nev-Ha, District of Kiwanis International. There are 11 clubs in Division 5, serving the counties of Fresno and Madera, with a combined membership of 325 members.

Ranchos Kiwanis are extremely proud of Mona. They feel her valuable leadership will continue to support the Kiwanis club locally plus support the 11 other Kiwanis clubs throughout Fresno and Madera counties.



Mona Diaz, third from left, a long-time Madera Ranchos Kiwanis member, was installed as the lieutenant governor of Kiwanis - Division 5, representing Fresno and Madera Counties. This district is a part of the California-Nevada-Hawaii, or Cal-Nev-Ha, District of Kiwanis International. With Mona, from left, is her son and daughter-in-law, Casey and Desiree Diaz, and son, Charlie Diaz.

Measure T Part II Wants Your Input

The Madera County Transportation Authority is considering a second attempt at a Measure T renewal for the November 2024 ballot. The plan itself will be developed by a citizen-based body made of residents from all parts of the County. If you'd like to get involved, apply online at:

www.surveymonkey.com/r/MeasTForm

GV Employee Wins Top Award

By Gabriela Gutierrez

On the evening of Sept. 28, Golden Valley Unified School District celebrated the 2023 Excellence in Education awards ceremony for all of Madera County schools. It was a lovely evening, surrounded by top notch educators.

This year, Golden Valley Unified School District had three nominees, one under each of the following categories: Employee, Administrator and Teacher of the year. Ursula Newcomb from Sierra View Elementary was nominated for the Employee of the year; Albert Pando, from Liberty High School, was nominated for the Administrator of the year; and Michelle Tessman, from Stone Creek Elementary, was nominated for the Teacher of the year. Board of Trustees members Maria Knobloch, Shelley Johnson, Steven Lewis and Kevin Hatch were also present at the

With incredibly tough competition, Ursula Newcomb was awarded the 2023 Employee of the Year for Madera County. Her dedication, enthusiasm and care for all of the children that attend Sierra View Elementary and the Extended Day Enrichment Program and Before & After School program, was widely recognized and by the end of the night, many in attendance were trying to sign-up to her Extended Day Enrichment Program.

Thank you all for your dedication to the students, parents and staff.

ROADS cont. from P. 2

3. Construct a 4-lane segment from its intersection with Riverstone Boulevard SE through Road 40

Rio Mesa Boulevard

1. Construction of a 2-lane roadway from its intersection of Avenue 12 to Avenue 15

Road 40

1. Continue to work with Root Creek Water District to repair Road 40 from Market Avenue to Avenue 12

a. Hopeful to have the road fully repaired and open to traffic by the end of 2023

Mid Term (6-10 years)

Children's Boulevard/Avenue 9

- 1. Extend 4-lane road segment through the intersection of Road 39 ½
- 2. Peck Boulevard constructed north of Children's Boulevard to Avenue 10

Road 40

1. Construct a 2-lane roadway from the intersection of Avenue 10 to Avenue 9

Avenue 12

- 1. Construct a 4-lane segment from Road 40 to Road 38
- 2. Construct a 4-lane segment from Road 36 to Road 35

Rio Mesa Boulevard

1. Construct a 2-lane roadway from the interchange at State Route 41/Children's Boulevard north to Avenue 11 2. Improve Avenue 11 to a full 2-lane roadway from its intersection with Business Route 41 to Rio Mesa Boulevard

State Route 41

1. Construct a second southbound lane from State Route 145 to Avenue 15

Long Term (11+ years)

State Route 41

- 1. Widen freeway to 6-lanes from Madera County line to Avenue 12
- 2. Full interchange at Avenue 12
- 3. Widen to 4-lane expressway from Avenue 12 to Avenue 15
- 4. Full interchange at Avenue 15
- 5. Widen to 4-lane from Avenue 15 to State Route 145

Children's Boulevard/Avenue 9

- 1. Widen to 8-lanes from interchange at State Route 41 to Peck Blvd Intersection
- 2. Widen to 6-lanes from Peck Blvd through Road 39 1/2
- 3. Widen to 4-lanes from Road 39 ½ to State Route 99 including BNSF overcross

Avenue 12

1. Widen to 4-lanes from Road 35 to Road 30 ½

Road 40

1. Widen to 4-lanes from Avenue 12 to Avenue 9

Rio Mesa Boulevard

1. Construct a 4-lane roadway from Children's Blvd Interchange to Avenue 15

California Violent Crime Jumps, Rest of Nation Drops

Violent crime was up 3.7 percent in 2022 in California even as violent crime rates dropped across the country, according to new FBI crime data released this week.

Nationally, violent crime was down slightly, by 1.7 percent to pre-pandemic levels, according to the 2022 Crime In the Nation report from the FBI. At the same

time, property crimes — especially auto simply a return to something approaching theft — rose considerably, by 7.1 percent nationally and 7.6 percent in California.

Notable trends showed a spike in gun violence among juveniles, an increase in hate crimes especially targeting Jews, a spike in carjackings and an increase in crimes committed by groups.

The report comes with a caveat, however. In the past, the annual snapshot of crime in the United States has been criticized as missing data from some of the country's largest cities, including New York and Los Angeles. For the 2021 report, for example, only 62.7 percent of agencies representing just 64.8 percent of the U.S. population submitted data. A change in collection methods helped, and this year, the data represents 83.3 percent of all agencies whose jurisdictions cover 93.5 percent of the population.

Last year was the second in a row that violent crime went down, a big turnaround from the 29 percent increase in the murder rate in 2020, a year of huge pandemic-related social disruption and upended support systems. Richard Rosenfeld, a criminal justice professor emeritus at the University of Missouri-St. Louis, told The Associated Press the drop in violence can be attributed largely to the fact that the "stresses and strains" associated with the pandemic have

"By and large, what we're seeing is

normal after the big changes associated with the pandemic," Rosenfeld said.

Violent crime includes murder and non-negligent manslaughter, rape, aggravated assault and robbery. The biggest dips nationally were in homicides (6.1 percent) and rape (5.4 percent). Aggravated assaults decreased by 1.1 percent, but robbery was up by 1.3 percent.

In the most recent 2022 report, the violent crime rate was 380.7 per 100,000 people. That's statistically the same as the pre-pandemic 2019 violent crime rate of 380.8 per 100,000 people.

In 2022 in California, there were 62,410 violent crime incidents, and 70,279 offenses reported in the Golden State by 559 law enforcement agencies that submitted National Incident-Based Reporting System data, according to the report. That covers 52 percent of the total population. In the most recent 2022 report, the violent crime rate was 499.5 per 100,000 people in California.

The data offers a snapshot of gun violence in America. Nationally, firearms were used in 80.3 percent of murder and manslaughter crimes. And although violent crime was down overall, the number of crimes committed with one or more guns was up 0.6 percent to 488,900 in 2022, ac-

Senior Lunch The Senior Lunch Program offers adults 60+ years and older a nutritionally balanced lunch. These meals are offered at 4 locations in Madera County. They will be opened Monday- Friday Monday through Friday. Locations All Sites Opened Ranchos\Hills Center 87830 Berkshire Drive Madera, CA 98636 come by to enroll! North Fork Scout Center 33807 Rd 228 North Fork, CA 93643 **Coarsegold Community** Call 559-460-3431 or email Center 35610 Hwy 41 Coarsegold, CA 93614 Sierra Senior Center 49111 Cinder Lane Oakhurst, CA 98644 emrap.seniorlunch@gmail.com to reserve your meal.

Please see CRIME on P. 14

Letters

Dear Editor:

This year's farm bill should significantly increase federal funding for cultivated-meat research. For those who don't know, cultivated meat is grown from livestock cells, without slaughter. It has the potential to dramatically reduce greenhouse gas emissions, our pandemic risk and the suffering we inflict on animals.

While the product is currently sold in

a few high-end restaurants, further research is needed for cultivated meat to achieve price parity with slaughtered meat, which is crucial for widespread adoption.

If you'd like to help pressure legislators to support this research, visit SlaughterFreeAmerica.Substack.com.

Jon Hochschartner Granby, CT

The Bookshelf

Collections, Opportunities at Library

By Jerrica Edmundson

We've got big changes and additions happening here at the Ranchos Library and we are so happy to finally share them with you. Thanks to the hard work and generos- Parks passes available for checkout and ity of our local Friends of the Ranchos Library, as well as our County officials, we count on one being available for use, ofhave been able to make additions to our fering free vehicle day-use entry to over services and collection that I think you will 200 participating state parks, with

Our Friends of the Ranchos Library just made a huge addition to our collection like a book and have a three-week due by donating almost 200 new manga titles to be circulated through our branch. Titles include Dragon Ball Z, My Hero Academia and Demon Slayer among others with n't be any more that we could offer, we plans to start jumping up our collection to have even gotten a replacement for our meet the requests of our local teen popula-

We have also increased our magazine subscriptions. We will now have about 30 different subscriptions running with a generalized subject matter including popular titles like Better Homes and Gardens, Consumer Reports, Homeschooling Today and help patrons gain access to needed comthe New Yorker to add to our usual fare of the Madera Tribune, Fresno Bee, and Ranchos Independent.

As tutoring is always something sought out – but very hard to staff – we have started offering "HelpNow" through our online services. HelpNow is an online tutoring system that connects students with live tutor access for homework help, skills building and test preparation, all online and mostly instantly available. All tutors used by the system are vetted by Brainfuse, must possess a four-year degree, have prior teaching or tutoring experience and a clear background check. The help is very real and we are so glad to have the opportunity to share this thanks to the California State Library system.

Our weekly story time with Mrs. Maxfield is still going strong for anyone wanting to come for a pre-k geared story time, crafts and even a snack. Thursday, Nov. 2 we will

have a special guest from Madera's Fire Station 19 take over for the week with activities brought by Madera Fire and access to a real fire truck.

We still have the California State now have even more available. You can Millerton Lake being our closest available park. These are checked out just date but cannot be requested ahead of time as they are first-come first-serve.

Just when you thought there couldmissing Wi-Fi hotspot device, so we have that available again. What this means is that you can check out a personal Wi-Fi device for use at home or on the road with a valid library card. Along with the hotspot device, we also have Chromebooks available for checkout to puters outside of our branch access.

To make a long story short, come check out what we've got to offer here at the Ranchos Library. We are constantly looking for new and better ways to serve you and are so happy to see the community grow alongside us. As always, if there is something you would like to see happen here, let us know.

The Madera Ranchos Library 37398 Berkshire Drive 559-645-1214 Sunday and Monday Closed Tuesday 11 a.m. – 6 p.m. Wednesday and Thursday 11 a.m. – 5 p.m. Friday and Saturday $11 \ a.m. - 3 \ p.m.$ www.MaderaCountyLibrary.org

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The Ranchos Independent

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Guest Editorial

Worst Pick Isn't Biden

By Rich Lowry

Poor Kamala Harris. The alleged misogyny that is tearing at her vice presidency apparently extends to highly partisan Democratic leaders such as Jamie Raskin and Nancy Pelosi. Both of them caused ripples when their praise for Harris in recent TV interviews was notably cool, as if they were at a high-end fundraising dinner and hated the escargot but had to try to convince the hostess that they really loved it.

Raskin revised his remarks to say that Harris is "unquestionably the best running mate for President Biden in 2024," while the former House Speaker's office pointed to the favorable things she said about Harris in her initial interview.

What Raskin and Pelosi clearly know, if they can't say it out loud, is that Joe Biden botched his vice-presidential pick; it is the worst pick in half a century and easily one of the worst in the last 80 years.

As Democrats begin to realize Biden's political weakness, with Donald Trump barreling down the pike, Harris is one of the factors -- although not the main one -- keeping them from doing anything about it.

What if someone did convince Biden to step aside for the good of the party? Well, that might open the way for Harris herself to become the nominee; out of the pan and into the fire. Even if she lost in an open nominating process, it'd be quite the spectacle for Democrats to turn away a potentially "historic" presidential nominee for someone else. So, she's at least a playing a role in the propping up of what may prove the weakest incumbent presidential candidate since George H.W. Bush.

Harris is going to be an issue next year because everyone realizes there's a significant chance that Biden wouldn't be able to serve out a full second term. Typically, a vice president's popularity matters only for his or her own political ambitions; this time, it could make a difference in the presidential race because her standing is abysmal. In the new NBC News poll, the theme of which is that Biden and Trump are both abidingly unpopular, Harris is right there with them. At 31 percent, her positive rating is lower than both of theirs, and her negative rating of 51 percent is higher than Biden's. The bar Biden needed to clear in his vice-presidential pick wasn't high. He either needed a political nonentity or a popular entity who ideally had some governing credibility; instead, he went with the unpopular nonentity.

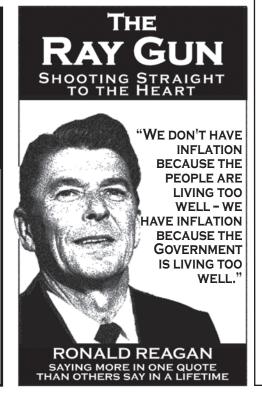
How does this rank with prior bad choices? Dick Cheney was a governing choice who, despite all the obloquy heaped on him, performed admirably. Dan Quayle's reputation was destroyed by the press, but he didn't play into George H.W. Bush's fate one way or the other.

I think to find a worse major-party pick you have to go back to Spiro Agnew. At least, as far as we know, Harris hasn't been taking kickbacks that will force her to resign -- in fact, she may be the relatively ethical half of the Biden-Harris ticket.

Prior to that, you probably have to go back to Henry Wallace, whom Democrats thankfully dumped in 1944 after he served one term as FDR's vice president. Wallace's views on the Soviet Union were criminally naive and disqualifying for any high official of the United States.

Wherever you rank Kamala Harris, there's no doubt that she's a poor selection that Democrats will almost certainly have to tolerate because of an ideological trap of their own making.

Rich Lowry is editor of the National Review. © 2023 by King Features Synd., Inc.



Halloween is Boo-tiful

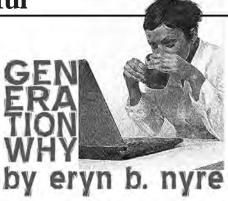
I know there's a lot of people out there who are either a Christmas person or a Halloween person. I, however, happen to be both. I am a proud Halloween fanatic right up until November first when I turn into one of those crazy Christmas people who barely acknowledges there's an entire holiday in between. Turkey and stuffing tastes better amidst Christmas decorations. I will die on this hill. Moving on ... I adore all aspects of Halloween from the silly to the scary and I've spent the last decade or so realizing there really are three main types of Halloween-loving people.

First up we have the type that like their Halloween celebrations like they like their coffee; with a

little bit of pumpkin spice in it. I suppose it's to make it easier on the palate but really I think they're just a little more attached to that particular seasonal flavor than I think is

healthy. They love the season, the décor and let's not forget the fashion, which is something I can definitely get behind. Think Hallmark movies but with pumpkins and hay and piles of various colored leaves rather than Christmas trees and snow and ice skating. They like their movies just a skosh below spooky, so their watchlists mostly consist of, "It's the Great Pumpkin Charlie Brown," and "Hocus and "Halloweentown." Pocus," They almost singlehandedly keep the Disney and superhero costume companies in business because they are easy and fun.

Then we have the fright night purists. These are the people who view Halloween as a means to let out the inner serial killer that they manage to keep hidden the rest of the year. Well, to be fair, they probably don't keep it as hidden as they think they do. We all know that if they ever end up on an episode of Dateline because they killed their spouse there's going to be at least one neighbor who says they always suspected something because the



Halloween decorations came a little too easily and looked a little too real. These people take their Halloween shenanigans very seriously. They have rotting zombies climbing out of graves in their front yards and bloody chainsaw victims hanging out of upstairs windows. Now that I think about it, I'm pretty sure

I adore all aspects of Hal-

loween from the silly to the

scary and I've spent the last

decade or so realizing there

really are three main types of

Halloween-loving people.

my father fits snugly into this category. These scream kings and queens don't consider it a Halloween appropriate movie if it doesn't induce nausea and make at least one friend leave with

a new fear unlocked and an impending bout of insomnia. They live for the jump scare and their costumes always look like they manifested in one of Freddy Kruger's worst nightmares.

Then we have the final category. These are the people whose love for Halloween is pretty much relegated to revealing costumes. This is their chance to wear the least amount of clothing possible, often in a public situation where twice as many clothes would still get them concerned looks from conservatives (as in modest not political affiliation), and people over 60. Now, maybe 15 years ago I would say that the majority of this third category would be filled with women, but I don't believe that to be the case anymore. In the last several years I found as many scantily clad men as I have women wandering around the various Halloween events I've frequented. I'm not sure if that's a win for women's rights or men's rights, but it's certainly a win

Please see **GEN WHY** on P. 7









GEN WHY cont. from P. 6

for costume makers who have spent the last couple of decades increasing their prices for significantly less fabric. I'll be honest, I don't have any-

thing against this group unless they show up at Disneyland wearing a tume with a garter belt and fishnets where the skirt covers barely

I scare easily because my Snow White cos- father has spent my entire life complete trying to come up with new ways to terrify the heck out of me ...

their rear end. I don't love that blatant display of sexuality in a public place meant for families, but as far as wearing something like that at an adult party, get on with your bad self. It's none of my business.

Which group am I in? Glad you asked. I guess I'm somewhere in the

middle of the first and second group. I hate pumpkin spice, but I'll definitely drink a hot chocolate and wear my boots while watching a silly Halloween movie. I'm always up for a haunted corn maze or a zombie

> hayride, but if you ask me to watch a slasher movie, don't expect me to keep my eyes open. Also, I scare easily because my father has spent my entire life trying to come up

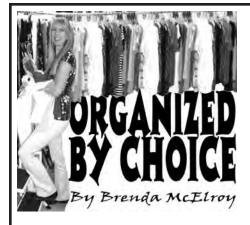
with new ways to terrify the heck out of me, and he's very good at it. Now, if vou'll excuse me. I have to go put the finishing touches on my graveyard where there is a zombie desperately trying to escape his freshly dug grave.

Happy Halloween everyone!









Kids' Keepsakes — Burden or Blessing?

My first volunteer position at Webster was school Historian. My oldest was in first grade, so I didn't know Pisk. I decided to begin my chronicle with a pictorial directory of the staff.

One bу one I connected with each to get a picture. As I was photographing Mr. cumulating memorabilia. Pisk, I realized my 35

mm camera had no film in it folder for each week. Use a (good ole 90s). Not only was labeled tray, magazine holder I mortified in the moment, but I also had to go back and admit my incompetence to each of the teachers, asking if I could retake their photos. Chalk one up to most embarrassing moments.

By the end of the 1989-90 school year, I had produced a pictorial album which resided in the office until someone who was apparently good at purging - let it go. I wouldn't expect the school to store 30+ years of school memorabilia, love to see again.

Our children's school years can be overwhelming when it comes to accumulating memorabilia. Three "D's" for managing school days keepsakes are: Decide on criteria for what to save; Designate a place to store it; and Use the file box as the bound-Develop a system to get it ary and purge as necessary so there.

Decide on Criteria: Start

with the end in mind. There may be some, but not many of us who would say, "I wish my parents had saved more of my childhood stuff." What things do you love seeing when you open a box from the past? Include those in your criteria.

Keep a sampling of things which give insight into your child's thoughts, personality, development and skills. This might include special artwork, story writing, awards, report cards, "About Me" assignments, teacher notes, photos, etc. Worksheets, tests, participation ribbons, artwork with macaroni and glitter are good candidates for the can.

Even if your child wants to many teachers and had yet to save everything now, her fumeet our new principal - Mr. ture self will thank you for not. One manageable bin is a blessing. Multiple bins is a project.

years can be overwhelm-

ing when it comes to ac-

Designate a place: For Our children's school schoolwork teacher the requires students to keep, create a labeled binder with a pocket

> or bin to temporarily capture items that are waiting to be sorted. Keep both these items in the hub of your home so you can easily access them.

For things that fit your keepsake criteria create a Memory Bin using a labeled file box (18 1/2" L x 14" W x 11" H available at Target/office supply stores). Prepare it with hanging folders labeled Preschool, Kindergarten, 1st Grade through high school. You may customize with addibut that's one thing I would tional folders depending on your child's interests and activities.

> If it doesn't fit in a handy place, like the child's closet, use a 16-quart bin to temporarily store keepsakes, then relocate into the Memory Bin file at the end of the year.

> > Please see **ORGANIZE** on P. 17

Quick Lifesavers

(October 2013)

Editor's Note: With the passing of Aunt Jean, I have decided to bring you a "Best Of" of her recipes over the past 10 years. Good recipes are timeless and I hope you enjoy them all over again.

Now don't throw rocks at me for mentioning "that" word, but ladies and gentlemen, Christmas is just around the corner. In addition to your regular hectic daily chores, you are now faced with Christmas gift shopping, purchas-

ing and addressing Christmas cards or writing that annual Christmas letter, not to mention getting out the Christmas tree evening and you need someor the decora-thing quick for a dessert. tions to make sure everything is in working order. In addi- help. There are only a few tion to all this, ingredients and if you don't you have you have your have a readymade graham career and the household chores to think about. You are looking for as

many short cuts as you can find. My nephew Craig (one of Randy's younger brothers) called me the other night and during our conversation, he asked me if I had ever used the microwaveable rice packets. No, I had heard about them, but since I'm really not that chopped fond of rice (although I do love them. If I'm going to have a starch, I'd rather microwave a potato or boil some pasta. So tonight I went onto the website of a well know rice company and read about their microwave rice. Wow, if they are as good as they look what a shortcut for dinner. There are 16 different flavors, all the way from Original (plain) to Red Beans & Rice. And I love the way it is cooked: just squeeze the pouch to separate the rice, tear the top to



no clean up. No sticky pan to clean or a messy stove in case your rice boils over. Thanks Craig, I'm putting the rice on my shopping list and will let you

In the middle of your hectic schedule, you suddenly discover you have company coming for dinner tomorrow evening and you need something quick for a dessert. How about an ice cream pie? This one the kids can really

help. There are only a few ingredients and if In the middle of your hecyou don't have a readymade gracracker crust in the freezer, the only baking is the crust.

Cream This one the kids can really Pie

> (If Crust to make one)

18 graham crackers (the large four-part crackers)

1/3 C Butter

melted Filling

tic schedule, you suddenly

discover you have company

coming for dinner tomorrow

How about an ice cream pie?

cracker crust in the freezer,

the only baking is the crust.

2 pints vanilla ice cream (or flavor of your choice)

¹/₄ C finely chopped pecans plus extra for serving

4 peanut butter cups, roughly

2 large chocolate-covered rice pudding) I hadn't looked into peanut butter crunch candy bars (such as Butterfinger) roughly

> For the crust: Crush the graham crackers in either a food processor or a zipper plastic bag. Pour into bowl and add melted butter. Mix with a fork and pour into a pie pan, pressing the crumbs on bottom and sides of pan. Bake in a preheated 350 oven until golden, about 5 minutes. Set aside to cool completely.

For the filling: Take the ice vent and heat on high for 90 sec- cream out of the freezer for a time onds. You have cooked rice with before starting mixing so it can soften slightly. Put In large mixing bowl and add the pecans and chopped candy. Mix thoroughly and pour into the cooled pie crust. Cover with foil and put in freezer until very hard.

Serve with the reserved stock up on your choices now. chopped pecans and if desired, drizzle with chocolate or caramel

And how about cookies that take absolutely no mixing and no more than 10 minutes in the oven? These for sure the kids can help you. All you need is refrigerated to 1 ½ in slices (about 6 slices). cookie dough and miniature chocolate candies. What a variety you have. The cookie dough comes in everything from sugar cookie to chocolate, and everything in-between. There's oatmeal, chocolate chip, peanut just as they start to turn golden. butter - your choice.

And the choices in the minia-

ture candies ...

Right now just go to the candy department and the choice is nonstop. In fact, if you thought you might make these later, while the candy is on sale you might want to

> Quick Candy Cookies Refrigerated Cookie Dough Miniature Chocolate Candies Preheat oven to 350

Unwrap about 24 candies and

Slice the cookie dough into 1 Lay the slices flat and cut into quarters. Place each quarter in greased mini-muffin tin. Bake the cookie dough in preheated oven for just a few minutes, about 6 to 8, then take them out of the oven

Please see **RECIPES** on P. 9









RECIPES cont. from P. 8

As soon as you pull them out of the oven, start lightly pressing one piece of candy into each cookie. The warmer the cookies, the better. When you finish putting the candy on the cookies, start taking them from the pan and put them on a cooling rack.

A reader called the other day

and said after the death of her son several years ago someone sent the family a casserole the family truly enjoyed. They liked it so much she got the recipe and makes it often for her family. She asked me to share it with our readers.

Family Casserole 1 lb. Hamburger Salt and pepper Chopped onion

desired)

1 Can French-style green beans (drained)

1 Can Tomato Bisque soup Instant mashed potatoes (she uses the Idaho brand)

Grated Cheese

Brown hamburger with onion,

Chopped Garlic (as much as and pour beans on top of meat. Pour soup (do not dilute) on top of beans. Mix potatoes according to box directions and cover ingredients in casserole. Top with grated cheese of your choice. Bake in a preheated 350 oven for about 20 minutes or until bubbly and cheese is melted.

Thank you for sharing your garlic, salt and pepper to taste. Pour recipes. I have looked forward to into bottom of casserole dish. Drain receiving recipes from all of you.

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In Memoriam Shirley Ann Tickel September 10, 1938 -- August 17, 2023



It is with great sadness we share the loss of Shirley A. Tickel. Shirley was received in the grace of the good Lord's arms on Aug. 17, 2023. She will be forever missed by her family and friends: two sons James (Jim) Tickel Jr. and Arthur (Bud) and his wife, Eileen Tickel; grandchildren, Anthony Tickel, Jaime Tickel and her husband Ryan Olson, Jarred Tickel and his wife Melinda, Samantha Scott and her husband Tyler, Sarah Tickel and her wife Nikki; three great grandchildren, Colie and Kaden Tickel and Hudson Tickel; brother-in-law Ron Tickel and numerous nieces and nephews. Shirley was preceded in death by her mother and father, Mary Ellen and Frank Cavalla; sister Judy Cavalla and the love of Shirley's life, James (Jim) William Tickel Sr.

Shirley was born and raised in Fresno and attended San Joaquin Memorial High School where she met Jim who was a lifeguard there. Jim and Shirley married on Jan. 27,

1956. Together they shared the love of the great outdoors, camping, four wheeling in their jeep and traveling in their RV. Shirley was a medical billing specialist for San Joaquin Gardens for over 20 years and she was fascinated with medical terminology. After Jim's passing in 1999, Shirley became immensely involved with the Ranchos/Hills Senior Center where she made many great friends and enjoyed traveling across the globe. Shirley enjoyed reading books and doing artwork with many different mediums, such as acrylics, watercolors, pencil and porcelain. She also enjoyed spending time with her grandchildren and great-grandchildren.

There will be a memorial gathering at the Ranchos/Hills Senior Center, 37330 Berkshire Drive in the Madera Ranchos, on Nov. 18, 2023, at 11 a.m. Please consider donating to the American Cancer Society in memory of Shirley A. Tickel.

Senior Report

Daily Senior Meal Program Returns to Ranchos/Hills Senior Center

By Melanie Williams

years of COVID shutdown, we course, are happy to have this program cooked back. It is open to any senior, by our 60 years and older, living in the n e w community or surrounding area m e m who wishes to participate in the bers, Senior Meal Program. We have Ruben been working diligently with a n d the Eastern Madera Recreation Darla from 9:30 to 11:30 a.m. Regis- Thanksgiving Potluck. tration must be done before you can participate in the Senior or a game of chess? Every Meal Program. Additional in- Thursday we have a group that formation can be provided by meets to play their favorite calling the Ranchos/Hills Sen- card and table games. They are ior Center at 559-645-4864 from 9 a.m. to 1 p.m.

regular basis. New winter clothing, coats, jackets and in time for Thanksgiving and Program first. Christmas. Thank you for all the wonderful donations we re- activities that started last sumceive from the community to mer at the Art Groove Gallery support our outreach to local seniors.

beautiful Iris plants at the tional activities presented by Holiday Craft Fair this past Melanie Glass. Bingo is in full month. They were very unique swing at the Art Groove among the plants sold in the Gallery on the second Wednes-Scout Garden and were do- day of each month from 4 p.m. nated by local gardeners from to 6 p.m. If you like playing the Ranchos. Thank you for to Bingo, come and join the senall the fantastic volunteers ior group on Wednesday, Nov. who helped at our 2023 Holi- 8. day Craft Fair.



and Parks Department and the Trujillo. Darla described the Fresno-Madera Agency on process of soaking the turkey Aging to host daily meals to in brine for three days before seniors at the Ranchos/Hills cooking it. We are looking for-Senior Center in the Madera ward to a great meal and a fun Ranchos. If any seniors are in-time of celebration with the terested in registering for meals RHS membership. Make sure to in this program, please come to welcome Ruben and Darla and the Senior Center at 37330 thank them for cooking a deli-Berkshire Drive, any weekday cious main course for the

Interested in playing cards always looking for interested players to join and we had Watch for our next Monthly many new participants in Octo-Sale coming up on Saturday, ber. It's a great way to have Nov. 4. The Treasure House some fun in the upcoming winhas lots of great stuff for the ter months. Meet at the Senior Holidays being donated on a Center any Thursday for a Senior Lunch at 11:30 a.m., then plan on spending a great aftersweaters are all on sale. The noon playing cards at 12:15 Boutique has unique bakeware p.m. Remember: You need to and holiday serving dishes just register for the Senior Lunch

In case you missed the new in River Park, the Madera Ranchos community seniors have The Scout Garden had many been invited to these addi-

We are still on the Art

A reminder to our RHS Groove Gallery schedule every members, the Senior Center first Wednesday of each month

> Groove Gallery you

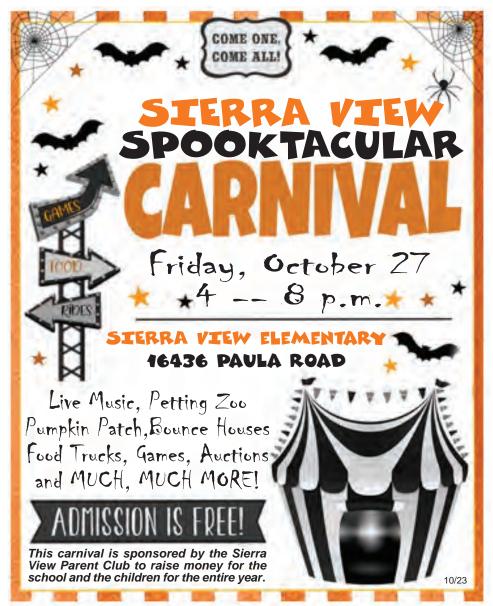
process

chos/Hills Senior Center. ALL SENIORS in the community are wait until the fourth Thursday invited to these free events. A in November, to sit with family big thank you to Melanie Glass, and friends to give thanks. director of the Art Groove Make every day a day of Gallery at River Park for pro- Thanksgiving!" - Charmaine J. viding these wonderful activi- Forde

Brown Bag Day is Wednes-The Ranchos/Hills Senior will celebrate the November for the Ranchos/Hills Senior day, Nov. 15 from 10 a.m. to 1 Center is thrilled to have the birthdays and anniversaries at Center Paint Party. The next p.m. The Ranchos/Hills Senior Senior Meal Program up and the Thanksgiving Potluck Din- Senior paint class is on Nov. 1 Center is a Brown Bag distriburunning again at the Senior ner. The Potluck will feature a from 2 p.m. to 4 p.m. We can tion center for one Wednesday Center. Finally, after a few savory turkey and ham main help to facilitate the planning each month. ALL SENIORS can participate in the Madera Food the Bank Brown Bag Program. You r t can call the Senior Center for application forms and mail them to the Madera Food Bank.

> Make sure to check your Nosign up vember Newsletter for upcomthrough ing events at the Ranchos/Hills the Ran- Senior Center.

> > Quote for November: "Don't



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SAY YOU SAW IT IN the Ranchos Independent

4-H Achievement Night

Golden Oaks 4-H

All 4-H members, leaders and families from Madera County came to the Madera Fairgrounds on Oct. 1 to honor those who worked hard during the 2022-2023 4-H year.

The night opened with the presenting of the colors and the 4-H pledge. The Teen Leader Awards, or TLAWs, were announced and so were the County Ambassadors for the current year. Members can earn pins, stars, stripes and sparks achievements. These are all earned for different reasons, for example, the pins have multi-



Golden Oak 4-H members attending Achievement Night include (top) Jacob Garzon, (middle from left) Sarah Morgan, Hunter Williams, Wyatt Morgan, Griffin Williams, (bottom from left) Elizabeth Morgan and Iris Garzon.

ple meanings which include officer positions, years of membership completed, 4-H Recordbook projects and state recognitions. Stars are earned for certain levels of achievement, for county, regional and state event participation. Members also have to have a certain level of participation in the community such as public speaking, community service and other activities. Stripes are earned by completing a record book at the club level at the end of each 4-H year.

The night began by recognizing the 2023-2024 4-H officers for our new Golden Oak club. This includes Hunter Williams – president; Griffin Williams – vice president; Sarah Morgan – secretary; Wyatt Morgan – treasurer; and Jacob Garzon – historian.

4-H Camp Awards were next and member Wyatt Morgan was recognized for Outdoor Science. We also had Wyatt and Sarah Morgan recognized for Regional and State Awards. For State Interviews, Hunter and Griffin Williams earned Gold. For the State Insect Identification



contest, Sarah Morgan earned Red, and Wyatt, Griffin Williams and Hunter all earned White. For the State Plant Science competition, Sarah and Wyatt Morgan earned Blue. For the State Photography contest, Hunter Williams earned Red and Gold recognition. In the State Forestry contest Sarah Morgan, Wyatt Morgan, Hunter Williams and Griffin Williams earned White.

For the Star Awards, Sarah Morgan earned her Silver and Gold Star. Wyatt Morgan earned his Platinum Star for Communications and Public Speaking, Sarah Morgan earned 3rd and Wyatt Morgan earned 2nd Place. For Poultry, Hunter Williams earned 1st Place and Griffin Williams received 4th.

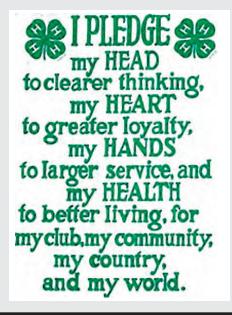
4-H achievement night is definitely something to attend and in which to participate. If you are interested in joining the Golden Oak 4-H Club, please contact our Community Club Leaders at 4hgoldenoak@gmail.com, or visit our General Meetings the second Wednesday of each month at 7 p.m. at the Ranchos Library, 37398 Berkshire Drive in the Ranchos.

By Hunter Williams-Smith

Sept-Oct Events, Projects and Fundraisers for Sierra Shadows

Last month the Sierra Shadows 4-H club had their first meeting. It was held on Sept. 12 by President Jake Poore. It was located at Sierra View Elementary School

Please see **4-H** on P. 15



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The Golden Valley Chamber of Commerce

Annual Community Christmas Gree Lighting Ceremony

Maywood Shopping Center • Friday, Dec. 1 • 6 p.m.

The Community Christmas Tree Lighting is coming to the Maywood Center on Friday, Dec. 1 at 6 p.m. Come join in the celebration that raises badly needed supplies for our Veterans at Veterans Hospital in Fresno while you get to enjoy snacks, beverages, Christmas carols and a visit by Santa Claus himself.

Pick a star for a Veteran at the VA Hospital.

Items needed for Veterans: Instant coffee, white hand towels, white socks, lap blankets, toothpaste, toothbrushes, L and XL white t-shirts, new books. Items need to be returned to the Chamber office by Dec. 12. Gifts will be delivered to the Veterans at the VA Hospital in Fresno on Dec. 15 at 10 a.m.

Call the Chamber at 645-4001 for complete details

The Golden Valley Chamber of Commerce's Annual

Chamber Christmas Mixer

Wednesday, December 13
6-7:30 p.m.

37167 Avenue 12 Suite 5C

Madera Ranchos

Everyone is invited.
Great food will be served.
Our Merry Christmas to you.
Call 645-4001 for info.

Come to the next meeting on Wednesday, Nov. 8 at

37167 Ave. 12 at 6:30 p.m. Call 645-4001 for more info.



Help a Foster Child this Christmas

through the Golden Valley Chamber of Commerce and CASA

Bring a little sparkle of joy to a foster child this Christmas by stopping by the Chamber office and selecting an ornament with a child's name, age and gift request. The requests range from everything from a Barbie doll or soccer ball, to simple hair

ribbons. Unwrapped items must be turned in to the Chamber office by December 15.

Call 645-4001 for more information.



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CHILDREN'S PROGRAMS FROM BIRTH-6TH GRADE JR HIGH 2ND SERVICE

YOUTH MIDWEEK SCHEDULE

JR HIGH | MONDAYS 7 - 8:30 PM HIGH SCHOOL | WEDNESDAYS 7 - 9 PM



SEE YOU SUNDAY!

Gunshots Heard in Tesoro Viejo, SO Looking for Info

On Tuesday, Oct. 17 at approximately 12:42 a.m., the Madera County Sheriff's Office received calls from concerned citizens regarding hearing gun shots in the 4400 block of Hillside Road located in the Tesoro Veijo community. Deputies responded to the area and located evidence of a shooting; however, they were not able to locate anyone involved in the incident.

During the course of their investigation, the Madera County Sheriff's Detectives have been able to identify the parties believed to be involved. Sheriff's Department investigation indicates this was an isolated incident and there is no ongoing danger to the public. At this time, we ask anyone with information re-

garding this case to contact the Madera County Sheriff's Office at 559-675-

Tips may also be emailed to mcsotip@maderacounty.com. Anonymous tips may be made through Valley Crime Stoppers at (559) 498- STOP (7867), or by texting "Tip MaderaSO" followed by your message to 888777.

Study Finds Eating Grapes Big Benefit to Eye Health

In a recent randomized, controlled human study, consuming grapes for 16 weeks improved key markers of eye health in older adults.

The study, published in the scientific journal Food & Function looked at the impact of regular consumption of grapes on macular pigment accumulation and other biomarkers of eye health. This is the first human study on this subject, and the results reinforce earlier, preliminary studies where consuming grapes was found to protect retinal structure and function.

Science has shown that an aging population has a higher risk of eye disease and vision problems. Key risk factors for eye disease include 1) oxidative stress and 2) high levels of ocular Advanced Glycation End products, or AGEs. AGEs may contribute to many eye diseases by damaging the vascular components of the retina, impairing cellular function, and causing oxidative stress. Dietary antioxidants can decrease oxidative stress and inhibit the formation of AGEs, with possible beneficial effects on the retina, such as an improvement in Macular Pigment Optical Density. Grapes are a natural source of antioxidants and other polyphenols.

In this new study, 34 human subjects consumed either grapes (equivalent to 1 ½ cups of grapes per day) or a placebo for 16 weeks. The grape eaters showed a significant increase in Macular Pigment Optical Density, plasma antioxidant capacity, and total phenolic content compared to those on placebo. Those who didn't consume grapes saw a significant increase in harmful AGEs, as measured in the skin.

"Our study is the first to show that grape consumption beneficially impacts eye health in humans which is very exciting, especially with a growing aging population," said Dr. Jung Eun Kim. "Grapes are an easy, accessible fruit that studies have shown can have a beneficial impact in normal amounts of just 1 ½ cups per day."

Who knew?

CRIME cont. from P. 3

cording to the data. Also, more minors were shot in 2022 than in the year prior. Both fatal and non-fatal gun injuries decreased for adults, but among juveniles, fatal gun violence increased by a staggering 11.8 percent from 1.300 to 1.500. The number of nonfatal gunshot incidents for juveniles was also up 10.67 percent, from 61,800 to 68,300.

The 7.1 percent increase in property crimes was driven by a 10.9 percent increase in motor vehicle thefts nationwide. Carjackings were up 8.1 percent and nearly 90 percent involved one or more assailants with a weapon, according to the FBI. More offenders are working in groups, with a 13 percent increase in arrests with two or more suspects. Most carjackings occur at night, between 8 p.m. and 4 p.m., and males under age 18 represent about 18 percent of those arrested.

Overall national property crime rates were even higher on college campuses, spiking to 35.4 percent in 2022 with more than 6.5 million reports of larceny — that is, property theft without violence. In 2022 in California, there were 349,241 property crime incidents, and 349,241 offenses reported. In the most recent 2022 report, the property crime rate was 2,343.2 per 100,000 people in California.

Reported incidents of hate crimes were up 0.5 percent with 11,634 reported incidents, the highest number since the FBI began tracking such data in 1991. Hate crimes against Jews were up more than 37 percent to 1,122 incidents.

"Reported hate crime incidents across the country have once again reached record highs, with anti-Jewish hate crimes at a number not seen in decades," Jonathan Greenblatt, CEO of the Anti-Defamation League, said in a statement.

Central Valley Alzheimer's Caregiver and **Wellness Conference 2023**

The Importance of Prevention and Early Detection in Alzheimer's and Dementia Free Event offered in-person (limited capacity) and on Zoom

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Viewing Challenging Behavior as Communication in the Interest

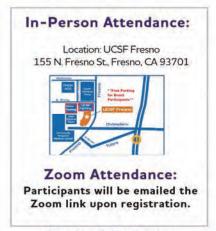
Marianne Jackson, Ph.D., BCBA-D

REGISTER NOW:

SATURDAY, NOVEMBER 4, 2023 From 9 a.m. to 2:30 p.m.

We invite you to our 9th Annual Alzheimer's Caregiver and Wellness Conference in Fresno, CA. The theme of this year's conference is "The Importance of Prevention and Early Detection in Alzheimer's and Dementia". We have wonderful professional speakers and community resources just for you. Please register early. All participants must preregister to attend. In-person registration is limited to 75 participants (first come first served) and will receive complementary breakfast and lunch For participants not able to join in-person, they will be able to join on Zoom for free. No walk-ins.

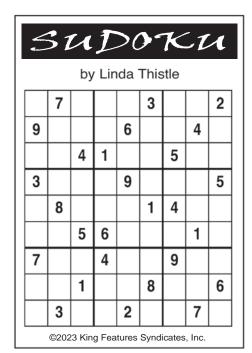
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4-H cont. from P. 11

in the multipurpose room. Before the meeting started, the recreation officers had an egg spoon race and all the kids loved it. The Hostess officers handed out raffle tickets for a prize of a 4-H bag and a 4-H journal.

The meeting started at 7 p.m. with the pledge of allegiance and the 4-H pledge. The 4-H pledge is recited stating heart for loyalty, head for thinking, hands for service and health for living for the club, community, country and world.

Next were officer reports including the president covering past issues and what's coming up in 4-H. When the meeting was adjourned, the members got ice cream sundaes and the leaders had tables in the back where members could sign up for projects. The 4-H projects for this year include Rabbits, Poultry, Swine, Dogs, Doats, Cloverbuds, Foods, Arts and crafts, Photography, Floral, Rifle Shooting, Outdoor Adventure, Community Service, and Public Speaking.

Our second meeting was on Oct. 10 in the Sierra View multipurpose room at 7 p.m. This meeting had the secretary's report by Lucy Lee, followed by the treasury report by Landon Davis, the National 4-H Week report by Mikayla Carr and the Recreation Officer Report and Announcement by Micah Lee. President Jake Poore announced the past events and the upcoming events in 4-H and when the meeting was adjourned, there was a raffle and snacks. The raffle prize was a "Pop-Its," a fidget toy that's similar to bubble wrap but never breaks.

The next meeting will be held on Nov. 2 at 7 p.m. in the Sierra View multipurpose room. Please don't hesitate to come join us.

The 4-H members attended the 4-H Achievement Night on Oct. 1. Some treats that the members brought for the achievement night dessert action were brownies, pumpkin cheesecake, cupcakes and apple pie. Most members wore their 4-H shirts and hats.

Members that won awards that night included Jake Poore, Lucy Lee, Landon Davis, Emily Wallace, Abbie Rosier, Emily Wallce, Anellise and Jamey Crandall, and Collie Tickle. The club leaders also won

awards. The leaders that won were Adam Lee, Jesse Bower, Dana Poore, Natile Garcia, Danielle Kier, Payton Poore and Melinda Tickle.

Some of the members that entered articles for the national 4-H week included Jake Poore, Paisley Bower and Mikayla Carr. A sentence from Jake Poore's article includes, "I am excited for this coming year. I like making new friends and mentoring new members too." A sentence from Mikayla Carr's article states, "I am thankful for all the leaders and members that made these past years so wonderful." According to Paisley Bower's article she said, "I love 4-H because it is fun and there are lots and lots of projects."

The first rabbit meeting was on Wednesday, Sept. 27. At the meeting, the rabbit members got to see a real rabbit tail, learn about the different rabbit breeds and see a demonstration of showmanship. Another project that had their first meeting was the Cloverbud group. The Cloverbud members got to use their creativity to decorate a very spooky pumpkin.

The 4-H group got to go to the Fresno Zoo for Halloween on Oct. 21. The members dressed up in Halloween costumes and learned about the different animals.

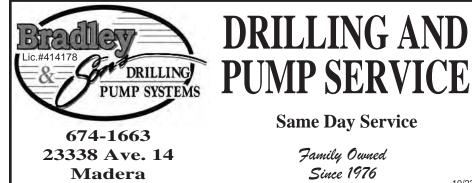
The Annual Madera 4-H Dinner was a drive-through meal that included rice, beans, tri-tip, fruit and bread. Some of the hard-working leaders and members helped cook the rice and beans, chop the fruit, cook the tri tip, bag the food, hand the food out, hold the advertising signs and sold the desserts at the dessert table. Some of the desserts at the table included cookies, pies, cake, cupcakes and other yummy treats. This was a very fun club fundraiser, and all the members worked really hard.

This month the Cloverbuds had a campaign at Tractor Supply held on Oct. 4-15. This event helped the Sierra Shadows 4-H group raise money for their club. This is also a wonderful experience for the members

"Success is not final. Failure is not fatal: it is courage to continue that counts."

– Sir Winston Churchill

By Mikayla Carr



Kiwanis Korner

New Officers for '23-'24 Ranchos Kiwanis

By Sally Rowden

We sincerely enjoyed ourselves at the Annual Fireman's BBQ on Sept. 23. The company, the food, the silent auction, the raffle, the live auction, the refreshments and the location gave each of us a welcomed fundraising event. Congratulations to

our Station 19 Firefighters.

At the beginning of October at a dinner held on the patio at Lib-Ranchos erty Café, our local Kiwanis officers were installed. Richard Wayne is our incoming president with our past president being Ollia Ridge. A huge thank you goes out to Ollia as she led our club in a successful year of ing from his Honor Flight, is the incoming pressupporting our children and our

communities. Thank you, Ollia. Our Ranchos in the evening at 6 p.m. secretary and treasurer positions are returning officers: Sally Rowden, secretary and Marie Cameron, treasurer.

The local Ranchos Kiwanis Christmas Tea & Luncheon fundraiser happening on Saturday, Nov. 18 will be here soon. The lunch, dessert and silent auction starts at 11:30 a.m. at 37101 Avenue 12 – Verlaine Elinburg's Event Room. We already have close to a couple of tables reserved. Call 559-824-0979 or 559-333-1913 for tickets. Cost: \$25 per ticket. Find us on Facebook: Madera Ranchos Kiwanis and on "What's Up in the Ranchos?"

We will once again be offering our Christmas Basket Raffle. The cost of raffle tickets are six tickets for \$5. If you've seen any of our previous bas-

kets, you know that the baskets are huge and full - I mean full - of usable, fun, tasty and refreshing items. The basket will be at our Christmas Tea and then we will set up different venues throughout the communities for folks to view and purchase tickets. The winner of the basket will be announced at our meeting on Dec. 14.

> There's been a change in our local meeting sites. We will continue to meet the second and fourth Thursdays of every month. The second Thursday's meeting site will be at Liberty Ranchos Café – 37193 Avenue 12 in the



Morning and evening meeting times are now available. If you would like more information on attending a meeting email Sally Rowden at rowdensally2@gmail.com

In closing, a little food for thought: "You can't be a smart cookie if you have a crummy attitude."- John Maxwell.



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SAY YOU SAW IT IN THE RANCHOS INDEPENDENT

Real Estate









ORGANIZE cont. from P. 7

that your child will have one bin (blessing) instead of multiple bins (burden) in the end.

Develop a System: Daily remove papers from the child's backpack and do a quick sort into the teacher binder and Memory Bin. On crazy days use your temporary holding tray/bin. Schedule time at the end of each week to sort and empty it so that it doesn't become overwhelming. When age-appropriate, train your child to do this. Our job is to work ourselves out of a job.

Extra Credit: Create photo

books of your child's keep-sakes. Place each item on a white foam board. Snap a photo with your phone. Upload to a photo book website and if desired, add text. You'll reduce the amount of storage space by 90 percent and you and your child will be more likely to peruse the keepsakes you've preserved in this manner.

Contact Organized by Choice at P.O. Box 26152, Fresno, CA 93729, call 559-871-3314 or email info@organized bychoice.com. You can visit www. organizedbychoice.com when you go online.

• If you want to become a police officer in Norway, you'll need a B.A. from the Police University College. The program includes theoretical studies in criminal law, ethics and social sciences, plus a year of practical field training.



By Lucie Winborne

- Chloroform was once used in the treatment
- of asthma, cholera and gonorrhea, not to mention as a sweetener in medicines.
- Folks around the world really do love their soda -- to the tune of about 6,700 cans per second, or enough to wrap around the earth every 17 hours. Be sure to recycle!
- International animal rights organization PETA asked musical duo the Pet Shop Boys to change their name to Rescue Shelter Boys. (Obviously, they refused.)
- During a Bulls vs. Jazz game in 1987, after basketball legend Michael Jordan dunked over John Stockton, a 6 foot, 1 inch guard, an upset fan yelled at him to "pick on someone your own size." In response, Jordan next dunked over the 6 foot, 11 inch Mel Turpin, turned to his heckler, and asked, "Was he big enough?"
- Slave ants capture ants from other colonies to increase their workforce.
- If you measure it in terms of rainfall, a hurricane releases the force of 10,000 atomic bombs over an area about 413 miles wide.
- The prevalence of syphilis in the 19th century led to a sharp increase in demand for sunglasses, as the disease causes intense sensitivity to light if left untreated.
- Thousands of years ago, keys were made from wood.
- During the "I smell a rat" scene in the Martin Scorsese flick "The Departed," Jack Nicholson decided things didn't feel quite intense enough, so he improvised by pulling a real gun on co-star Leonardo DiCaprio.

Thought for the Day: "I attribute my success to this: I never gave or took any excuse." -- Florence Nightingale

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Politicians' Tricks and Treats

By Betty Van Valkenburg

Remember when presidential candidate Hillary Clinton said that you could put half the Trump supporters (conservatives) into what she called her "basket of deplorables"? She further called conservatives "racist, sexist, homophobic, xenophobic, Islamophobic — you name it". Conservatives shook off Hillary's inflammatory insults, ignored her

rantings, and elected Donald Trump. During his, term we – conservatives and liberals alike – enjoyed a good economy, lower taxes, improved stature on the international stage, a strengthened military, attention to the border crisis and the start of a much-needed bor-

der wall. Families could afford to

fill Halloween baskets and Christmas stockings with more than straw and their gas tanks with less than a hundred-dollar bill. Some, or most, voters might not have liked Trump's style, but certainly appreciated his conservative accomplishments.

Now, liberal politicians fill our Halloween baskets – or mailboxes or inboxes or social media sites or airwaves – with bigger tax bills, empty promises, excuses and blame, propaganda, campaign mailers and pleas for more money. Meanwhile, our household and tax bills pile up, the Middle East is on fire, criminals and rioters run free, once-safe city streets are homeless camps and our southern border is a sieve.

While the outlook for an era of peace and prosperity may seem out of reach, every-day conservatives – being in most cases self-sufficient and pragmatic – will survive and make the most of any situation. The liberals

and go-along-to-get-along "conservatives" who cause the problems we are facing, may not fare so well in the society they create, which is dependent on government largesse and favoritism rather than freedom to excel and thrive through hard work.

In a tongue-in-cheek spirit of "lovethy-neighbor," this Halloween might be a time to stuff liberals' trick-or-treat bags with things they could use to survive their own folly. Here are some ideas:

Hillary *must* need a fresh supply of crying towels.

Joe Biden's trick-or-treat basket could hold a few bottles of Prevagen for his lagging cognitive capacity, and much-deserved arrest warrants for Hunter and himself. And extra toys for his unwanted

granddaughter and a copy of the United States Constitution

for daily consultation.

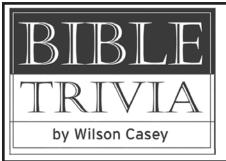
And since he's never found his way to survey the southern border's illegal crossings, he might need a U. S. map marked with the route.

Joe's overworked handlers surely could use some extra energy pills after leading him around day after day and picking him up from Air Force One's treacherous steps. And his speech writers probably need anxiety pills when they hear him butcher their carefully written scripts as

well as the entire English language.

Republican House members who can't seem to elect a much-needed Speaker (as of this writing) might be given clothespins to hold their noses while they cast their votes and fulfill their constitutional duty, finally, to choose their Speaker. They, and all elected officials, could certainly use Pocket Constitutions for quick reference, available at Walmart online and from Hillsdale College lp.hillsdale.edu/free-pocket-constitution-1/. Check out Hillsdale's website for great content, especially their Imprimis publications.

Happy Halloween.



- 1. Is the book of Malachi (KJV) in the Old or New Testament or neither?
- 2. What color is the great throne on which God sits while passing final judgment? Gold, Silver, Purple, White
- 3. In II Timothy 3, all scripture is given by the _____ of God. Blessing, Reproof, Willingness, Inspiration
- 4. According to Paul, who pretends as an angel of light? The unholy, Satan, Herod, The wicked
- 5. Which epistle warns against patronizing prostitutes? Luke, Romans, 1 Corinthians, Philippians
- 6. "What" of the spirit is the word of God? Sword, Praise, Love, Lamp

ANSWERS

- 1. Old
- 2. White
- 3. Inspiration
- 4. Satan
- 5. 1 Corinthians
- 6. Sword

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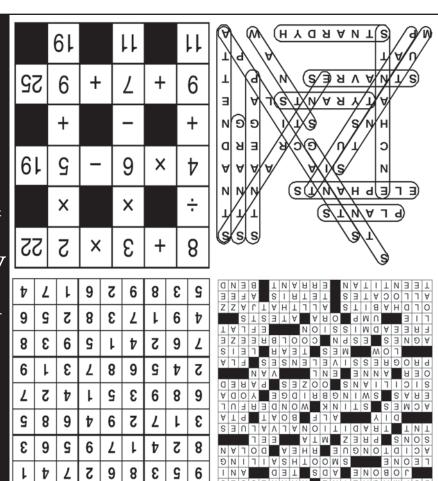












Say you saw it in the Ranchos Independent

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-Super Crossword

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for one 23 1983-2014 periodical for adolescents

25 Reins are parts of them 26 The first task on the to-do

27 Helpwanteds, e.g. 29 Musician

Nugent 30 Musician DiFranco

31 Africa's Sierra — 33 No-problem

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37 What a
bitingly
sarcastic
person has

lookalike 42 Olympic swimmer

43 Royal heirs, often 44 Veep's boss **45** NYC subway org. **46** Shocking

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47 Stuff causing
a blowup
48 Conservative

moral principles
55 Like Ikea assemblies for short

56 Sitcom alien57 Sloop, e.g.58 Sch. group59 Summits62 Smell

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65 Splendid67 Special times68 Span

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73 Runs slowly
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103 Tell untruths 104 Strike caller 105 "... boy — girl?"

106 Trial blasts,

for short 109 They die hard, it's said 113 Bob Fosse

film title relevant to the starts of eight answers in this puzzle 117 Distributes in

shares 118 Shape-fitting game 119 For —

(not pro bono)

120 Young
superhero of
DC Comics

121 Off the mark

122 Road curve

DOWN 39 Fire org.

2 — Paulo 3 Coxa, more familiarly 4 Some nuts 5 Jason's ship 40 H.S.-le exam 45 Popul biscui 46 Shirk

6 Horse hue 7 Perturb 8 Parisian bud

9 Title anew 10 One of the Corleones in "The Godfather"

11 Cry from Homer 12 City in Kansas

13 Actress

Wright
14 Fit carmaker
15 Up 'til
16 "Cursed"

director Craven 17 Really attack 18 Capital of Austria

19 Junior naval officer 24 Assist illicitly 28 More or less

28 More or less 31 Keep going 32 Business coll topic

33 Rocker Quatro 34 Lighter — air 35 Imagine 36 Laze about 38 Grand Ole — 39 Firearm rights org. 40 H.S.-level

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54 Mixed greens

55 Lover of Lucy

season ...

49 Sharp taste

50 Place to live

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40 H.S.-level exam 81 Devilkins 82 School in Berkshire 83 Natal lead-in

80 Open

delight

84 Bando of baseball 85 Sense no

danger 86 Oscar winner Minnelli

87 Play — (enjoy some tennis)91 Alternative to a right hook92 Drifting at sea

93 Car part between headlights 94 Acupuncture

item
95 NFL rusher
Smith
96 Savor pekoe

97 Certain fuelcarrying ship 98 Take a break

100 Burj Khalifa locale101 Super-angry106 Razor brand107 Skinny

107 Skinny 108 Toward dawn 110 Sweetie 111 Make a move

111 Make a mo 112 IRS ID 114 Env. insert 115 Buddhist discipline

116 Brits' alphabet ender

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• You can use self-stick notes to organize your errands. Use a note for each location, with instructions or shopping lists on each. Then put the notes in order: e.g., drop kids off at Grandma's, shoe store, hardware store, grocery store, home, etc. You will be less likely to forget a stop, and you can make the best use of your time and gas!



- Two tips for sewing buttons: First, for pants buttons, use unwaxed dental floss. It's incredibly strong and can take a lot of abuse. Second, slip a pin between the button and the fabric before sewing on. When you're finished, remove the pin. The button has some room behind it, and it will last longer.
- "This is a tip for us singletons. I love whipped topping on my hot chocolate, but it doesn't always last in my fridge. I buy a tub of it, and spoon it into mug-size dollops on a cookie sheet lined with wax paper. When the sheet is full, I freeze them. They can be peeled off easily and slipped in a container or plastic bag. When I make my hot chocolate, I plop one in straight from the freezer. It takes only minutes to soften and melt. And it's delicious!" -- F.D. in Michigan
- "If you cut the entire top and one of the top corners off a cereal box, then tape the bottom closed, it's almost the same as the magazine holders they sell in stores. I covered mine with fancy paper. I keep it in my kitchen for cooking magazines." -- R.R. in Indiana
- Gifts a school-age kid can make: Bookmarks! Cut strips of cardstock into bookmark lengths. Have your child decorate one side and write a nice message on the other. Laminate if possible. Great gift from your child.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

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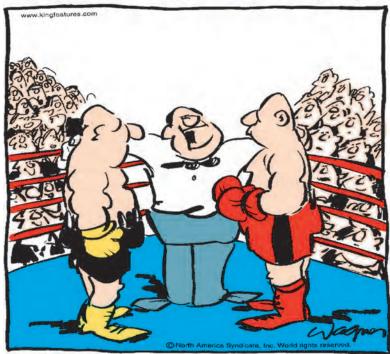
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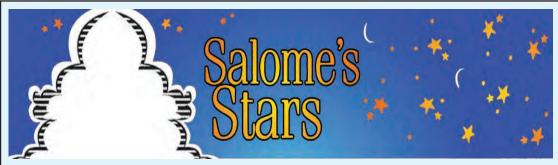








"Shouldn't you guys retire? Your daughters are fighting in the main event."



ARIES (March 21 to April 19) An upcoming trip could create some problems with your schedule unless you tie up as many loose ends as possible before you head out the door. Ask a friend or colleague to help you.

TAURUS (April 20 to May 20) Being eager to start a new project is fine. However, moving ahead without knowing what will actually be expected of you could cause a problem down the line. Ask some questions.

GEMINI (May 21 to June 20) Getting through some recent challenges in good shape might give you a false sense of security. Don't relax your guard. You need to be prepared for what else could happen.

CANCER (June 21 to July 22) Caution is still advised, even though you think you're as prepared as you need to be at the moment. Keep in mind that change is in your aspect, and you should expect the unexpected.

LEO (July 23 to August 22) The Lion's gift of persuasion helps you get your points across, even to some of your most negative naysayers in the workplace. Also, an old friend might seek you out for some advice.

VIRGO (August 23 to September 22) Being sure of your convictions is fine, but leave some room for dissenting opinions. You might learn something that could help you avoid a possible problem later on

LIBRA (September 23 to October 22) Getting good legal advice on what your rights actually are is the first step toward resolving that pesky problem so that it doesn't reemerge at a later date. Good luck.

SCORPIO (October 23 to November 21) Longtime relationships work well this week, whether they're personal or professional. It's also a good time to invite new friends and colleagues into your life.

SAGITTARIUS (November 22 to December 21) This is a good week to do the research that will help you uncover irrefutable facts for a project; this will back you up on your new venture when you most need it.

CAPRICORN (December 22 to January 19) Change is an important factor in your aspect this week and could affect something you might have thought was immune to any sort of adjustment or "alteration."

AQUARIUS (January 20 to February 18) Being asked to share someone's deeply personal confidence might be flattering, but accepting could be unwise. Decline gracefully but firmly.

PISCES (February 19 to March 20) As wise as you are, you could still be misled by someone who seems to be sincere but really isn't. Take more time to assess the situation before making any commitments.

Born this Week

You like to face challenges that others might try to avoid, and by doing so, you set an example of courage for all.

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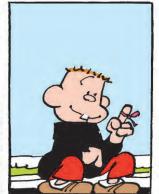






I KEEP FORGETTING THINGS THOUGH







by BUD BLAKE

























TRIVIA TEST By Fifi Rodriguez

1. TELEVISION: How many noble houses are mentioned in "Game of Thrones"? 2. MOVIES: What is the name of the high school in the musical film "Grease"? 3. GEOGRAPHY: Which southeast Asian country's monetary unit is the ringgit? 4. MUSIC: The song "Oh, What a Beautiful Mornin'" is from which musical? 5. U.S. PRESIDENTS: Who was the first president to be impeached? 6. ANATOMY: What is considered the "master gland" of the human body? 7. PHYSICS: What does a newton measure? 8. HISTORY: Which founding father wanted the turkey to be the national symbol of America rather than the eagle? 9. SCIENCE: What is studied in mycology? 10. U.S. STATES: What is Alaska's state animal?

10. The moose.

.ignu7 .e

8. Benjamin Franklin.

7. Force.

6. Pituitary gland.

5. Andrew Johnson, 1868.

4. "Oklahoma!"

3. Malaysia.

2. Rydell High School.

J. Nine.

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Click on "Local News" at

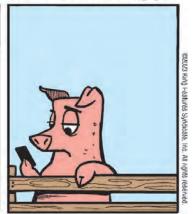
Amber Waves





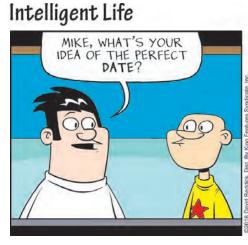


by Dave T. Phipps



by David Reddick









by Gary Kopervas



The Spats











the Grateful Dead in 1987. 2. The Village vors Cherry Garcia after Jerry Garcia of

> I. Ben & Jerry's named one of their fla-© 2023 King Features Synd., Inc.

video. The answer was yes, as long as the mission to use the song in a recruiting People were asked by the Navy for per-

 Name the artist who had an ice cream flavor named after him. 2. Why was the "In the Navy" video filmed on a U.S. Navy ship? 3. Who released "Message in a Bottle"? 4. Name the Leo Sayer song that is based on his long conversation in a phone booth. 5. Name the soundtrack song that contains this lyric: "First there are kisses, Then there are sighs,

And then, before you know where you are,

for Best Picture, Best Director and more. BAFTA for Best British Film but Oscars Northern Ireland, took not only a name. The film, about the Troubles in George in the 1992 film of the same take. 5. "The Crying Game," by Boy made. The song was recorded in one raw wife's forgiveness for a mistake he'd 1983. Sayer was on the phone asking his Police, in 1979. 4. "Orchard Road," in group was included in the video. 3. The

You're sayin' goodbye."



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ECZXTSTNAFNISSS VTPLANTSRPNLTT J(ELEPHANTS)HENNN CAYNWVSIATRAAAA PNLCKTUIGCRGERD ECBHNSZXSTIWGGN USRATYRANTSLAPE OSTNAVRESMNLPJT

IUATGEDBAYXAWPT

MPUSTNARDYHTWSA

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: NEWBORN BABIES

Giants Elephants Grants Hydrants

Tyrants Wants Pageants Pantsuit Plants

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